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Sports, B1

BERRIEN COUNTY CONFIRMS FIRST COVID-19 PATIENTS

Local, A3

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Whirlpool implements work restrictions

Employees make adjustments amid coronavirus outbreak

By TONY WITTKOWSKI
HP Staff Writer

BENTON HARBOR — It didn't come as a shock to anyone as the parking lots at several Whirlpool Corp. buildings were practically barren last week.

With 77,000 employees around the world – about 4,000 of which are based in Southwest Michigan – Whirlpool has added more workplace policies as the coronavirus continues to spread across the U.S.

The Benton Harbor appliance maker has had more experience with COVID-19 than most North American companies.

Jeff Noel, vice president of communication and public affairs for Whirlpool, said a cross-functional crisis team was formed when the coronavirus began to spread to China and Italy. The reason for this could be traced to Whirlpool's factory that is about 200 miles from Wuhan, China – a place where the first positive case was discovered – and its European headquarters in Milan, Italy.

The company issued a travel advisory that there would be no intercontinental travel-

Don Campbell / HP staff

The parking lot at Whirlpool's Riverview Campus remains mostly empty Friday as many employees are now working from home.

ing. Business travel was limited to only essential activities two weeks ago. Heading into last week, those policies evolved into more restrictions to protect employees.

"There was a lot of good planning that was done," Noel said. "About two weeks ago, we were establishing policies that we believed were appropriate for what we knew. It went from making advisories and asking people to make adjustments to not having any meetings on the property."

Noel said there is a daily kickoff meeting with more than 40 people around the world who are working to help manage safety issues within the company.

"Everyday we get questions from employees and we look at our policies and amend them," Noel said. "It's a terrible situation, it's an inconvenience, it's causing concern for so many, and yet to see the employees come together the way they have, shows the strength of this company."

Among the biggest changes is a requirement for all employees to work from home if they have the capability to do so.

Trina Lawrence, a travel expense administrator for Whirlpool, has been with the company for 19 years. She said she's never encountered a roadblock for the work place like this in her two decades with Whirlpool.

Since last week, Lawrence has worked from home. She was joined by her husband and three children – the latter of whom are completing school work in a virtual setting.

While her husband uses his home office downstairs – he works from home on a weekly basis – Lawrence stationed her workspace at the breakfast bar. She even collected her office monitor to help with the transition.

See WHIRLPOOL, page A6

Don Campbell / HP staff

Paul Jancha Jr., 36, is the new chief public defender in Berrien County. Jancha grew up in the Twin Cities, where his father is still practicing law.

'I'm not going anywhere'

Paul Jancha Jr. takes over as Berrien's chief public defender

Q&A

PAUL JANCHA JR.

ST. JOSEPH — Paul Jancha Jr. said there was never any doubt in his mind that he would become a criminal defense lawyer.

After years of work in that profession, he has become the chief public defender in the Berrien County Public Defender's Office. Jancha was to have replaced former chief public defender Christopher Renna, who had taken a similar job in Kalamazoo, on March 20.

But Renna died unexpectedly March 9, and Jancha stepped into the role. Renna had succeeded Carl Macpherson, the county's first public defender when the office opened in January 2017.

Jancha, 36, grew up in Berrien County, first in Berrien Springs then in St. Joseph. He earned a bachelor's degree in political science from the University of Notre Dame and graduated from Michigan State University College of Law in 2009.

He and his wife, Monica, have three sons – William, 6; Gabriel, 4; and Caleb, 2. They call their home in Royalton Township "The Frat House."

Jancha sat down with Herald-Palladium Staff Writer Julie Swidwa for an interview.

Tell me how you ended up being a lawyer

I never really thought of any other career. I grew up close to my father Paul Jancha Sr. and always saw him working hard for people. He was always a criminal defense attorney primarily so I got to see a lot of that and I worked in his office growing up when I was in high school. When the time came to pick a career it was never really a choice, I just always thought I was going to do this and I went through with it. When I was in private practice I did some domestic relations, a lot of driver's license restoration cases, but primarily criminal defense.

Is your dad still practicing?

He is, yes. He's been here since 1974, working hard for people. He still has his office over here near Napier. He does some conflict panel work for us.

What's that?

This is a pretty big office and a relatively small town, small county, so there ends up being a lot of conflicts of interest. Where you have cases involving co-defendants or cases involving current clients or former clients and we can't be put in a position where we can't effectively represent the current client and we can't do that if the former client is somebody we have information on that we'd have to impeach with. So we have to have a robust group of outside, independent attorneys who would step in and take those cases, so those clients have their interests effectively represented.

What do you like about being a defense lawyer?

Many of the people that I meet in this role are people that haven't had every advantage given to them, and many times they haven't had people that have stood up for them. It's important if somebody is charged, that they have a robust defense, someone who looks carefully at their case, somebody that listens to the facts of the case from their perspective, and works on preparing their defense. I find that with representing indigent individuals, that those people have never really had that type of representation or it might be novel to them. I think it's really

See JANCHA, page A6

Whiplash: All at once, a steady U.S. economy screeches to halt

By PAUL WISEMAN, ALEXANDRA OLSON and JOYCE M. ROSENBERG
AP Business Writers

WASHINGTON — Three weeks ago, EmpireCLS was heading toward a second straight year of record business. A car service company in New Jersey, Empire couldn't even find enough chauffeurs and office workers to meet its needs.

Now? With stunning speed, business in the United States – as well as in Europe and elsewhere – has collapsed in the face of the coronavirus and warnings for everyone to stay home. Suddenly, no one needs a chauffeur.

"We went from full throttle to 90 percent revenue loss in three weeks," said CEO David Seelinger. "We've been through 9/11. We've seen recessions. We've never seen anything like this."

Seelinger spent last Sunday laying off 750 of his 900 employees.

"It was the most difficult day of my career," he said.

Never before has the U.S. economy screeched to such a sudden, violent stop. Its shutdown has inflicted a case of whiplash on Americans who had enjoyed a decade-plus of gains from the job market, the stock market and a steady economic expansion. The economy is cratering into what looks like a deep recession. Millions will likely lose jobs by summer.

"The economy has never gone from healthy to disaster so quickly," said Jason Furman, who was President Barack Obama's top economic adviser and is now a professor at Harvard's Kennedy School.

"In the financial crisis," Furman noted, "the housing bubble burst in 2006, the first financial tremors were in 2007 and the major financial events were spread out from February through September of 2008. What would take years in a financial crisis has happened in days in this health crisis."

Since the Great Recession ended in 2009, the economy has risen for a record 11 years. It hasn't exactly been a boom. Annual growth has averaged a decent but unspectacular 2.3 percent since 2010. Yet the expansion has been solid and durable. Employers have added jobs for 113 straight months, the longest such streak on record.

Just two weeks ago, the government delivered a blockbuster employment report: A healthy gain of 273,000 of jobs in February. A 3.5 percent unemployment rate, a 50-year low.

What's more, public confidence was up. Consumers were spending. Incomes were rising. Layoffs were rare.

In just a couple of weeks, it's all ended with the shutdown of most business activity nationwide, and a destructive recession seems inevitable. Goldman Sachs expects the economy to shrink at a sickening 24 percent annual rate in the April-June quarter. That would be, by far, the worst quarterly drop on record. Just days before, Goldman had projected a 5 percent annual drop in that period.

This week, economists say the government could report that up to 3 million people applied for unemployment benefits last week, which would easily set a record. IHS Markit predicts 7 million job losses from April to June and for unemployment to shoot to 8.8 percent by late this year. Other economists see joblessness going much higher than that.

As investors have grasped the depth of the crisis, panic selling has set in. Since Feb. 12, the Dow Jones Industrial Average has plunged 35 percent, wiping out vast household wealth and likely undermining people's confidence and willingness to spend.

See WHIPLASH, page A6

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Gov. Whitmer urges national strategy on coronavirus fight

DETROIT (AP) — Gov. Gretchen Whitmer said Sunday that Michigan needs the federal government to provide not only more test kits and masks but also clear guidance on how best to fight the spread of the coronavirus.

"We're all building the airplane as we fly it right now. We're doing the best that we can. We're going to continue to be aggressive and we're continually monitoring what the next move we can make is," she said on ABC's "This Week." "Frankly a patchwork strategy of each state doing what they can is – we're going to do it if we have to but it would be nice to have a national strategy."

She said she doesn't want to fight with the White House, but said a point will come in which failures will need to be examined.

Michigan has reported 787 cases in total of COVID-19. Eight people have died.

Whitmer has also signed an executive order that closes "non-essential personal care services" for three weeks. The services include nail and hair salons, tattoo and piercing shops, and spas, as well as other services that "require individuals to be within 6 feet of each other." The order goes into effect Sunday and runs through April 13.

For most people, the virus causes only mild or moderate symptoms, such as fever and cough. For some, especially older adults and people with existing health problems, it can cause more severe illness, including pneumonia.

State logging applications for redistricting panel

LANSING (AP) — Applications still are pouring in to serve on a Michigan commission that will create districts for seats in the Legislature and Congress.

The secretary of state said at least 3,590 notarized applications have been processed so far, and thousands more have been received. All applications must be signed in front of a notary.

Applications will be accepted through June 1. Ultimately 13 commissioners will be randomly picked: four affiliated with the Republican Party, four affiliated with the Democratic Party and five with no affiliation.

The state is accepting public comment on a method to identify 200 semifinalists.

Voters amended the state constitution in 2018 to give the responsibility for drawing districts to a commission of Michigan voters. The new boundaries will affect regular elections starting in 2022.

More information can be found at Redistricting Michigan.org.

LOTTERIES

Sunday drawings

Michigan

Poker Lotto
3C-6C-6D-3H-8H
Midday Daily 3
5-4-4
Midday Daily 4
0-1-2-6
Daily 3
5-4-3
Daily 4
1-8-9-3
Fantasy 5
10-12-26-29-30
Mega Millions jackpot
$101 million
Powerball jackpot
$150 million

Saturday drawings

Indiana

Cash 5
06-08-12-22-29
Estimated jackpot
$75,000
Cash4Life
14-20-50-56-57, Cash Ball: 1
Lotto Plus
04-06-24-25-37-39
Quick Draw Midday
01-03-04-07-14-24-29-30-35-38-43-44-54-55-57-60-61-73-74-77, BE: 60
Daily Three-Midday
3-9-8, SB: 6
Daily Three-Evening
1-2-2, SB: 6
Daily Four-Midday
1-1-7-9, SB: 6
Daily Four-Evening
7-7-5-2, SB: 6
Quick Draw Evening
08-14-15-18-23-24-32-37-42-44-46-50-55-58-62-63-70-74-79-80, BE: 24
Hoosier Lotto
19-22-27-39-43-46
Powerball
02-23-40-59-69, Powerball: 13, Power Play: 2

Illinois

Lotto
05-10-11-18-35-46, Extra Shot: 3
Estimated jackpot
$6 million
LuckyDay Lotto Midday
20-22-25-26-35
Pick Three-Midday
7-5-0, Fireball: 6
Pick Three-Evening
6-6-0, Fireball: 6
Pick Four-Midday
8-2-2-5, Fireball: 4
Pick Four-Evening
0-6-5-9, Fireball: 3
Lucky Day Lotto
02-03-20-30-42

– The Associated Press

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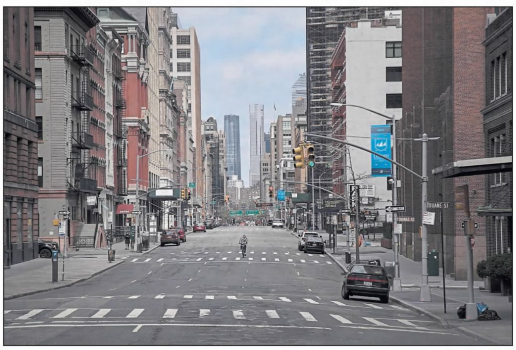
New York quiets as it becomes next virus hot spot

By JIM MUSTIAN and JEFFREY COLLINS
Associated Press



Wong Maye-E / AP

A cyclist rides his bicycle down the middle of a main road in downtown New York, on Sunday. New York City's mayor prepared Sunday to order his city behind closed doors in an attempt to slow a pandemic that has swept across the globe and threatened to make the city of 8.5 million one of the world's biggest coronavirus hot spots.

NEW YORK — No more play dates, no more picnics in the park with friends, no more pickup games of basketball. No more commuting or using public transport – unless absolutely essential. New York is implementing dramatic restrictions Sunday in an attempt to slow a pandemic that has swept across the globe and threatened to make the state one of the world's biggest coronavirus hot spots.

As case numbers soar – or in anticipation that they will – officials worldwide warned of a critical shortage of medical supplies. Spain was erecting a field hospital in a convention center, British health workers pleaded for more gear, saying they felt like "cannon fodder," and President Donald Trump ordered mobile hospital centers be sent to Washington, California and New York.

New York Gov. Andrew Cuomo on Friday ordered all nonessential businesses in the state to close and nonessential workers to stay home, tightening even further restrictions put in place earlier in the week. The order takes effect at 8 p.m. Sunday, but officials were urging New Yorkers to start following it immediately.

Cuomo and New York City Mayor Bill de Blasio also called for getting everything from masks to gowns, as well as doctors and other medical workers to New York. De Blasio on Sunday asked Trump to have the U.S. military take over the logistics of making and distributing medical supplies. Cuomo warned that hard-hit states are outbidding one another for ever scarcer supplies, sometimes doubling or tripling prices.

"I can't be blunt enough. If the president doesn't act, people will die who could have lived otherwise," de Blasio told NBC's "Meet The Press."

The top infectious disease expert in the U.S. promised New York City and the other hardest-hit places that critical supplies will not run out.

The medical supplies are about to start pouring in and will be "clearly directed to those hot spots that need it most," Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, said on CBS' "Face The Nation."

Hours later, Trump said he had ordered the Federal Emergency Management Agency to ship mobile hospital centers to Washington, California and New York. For New York, that would mean another 1,000 hospital beds.

"No American is alone as long as we are united," Trump said.

Sen. Rand Paul tests positive for virus, forcing quarantines

By MATTHEW DALY
Associated Press

WASHINGTON — Sen. Rand Paul of Kentucky has tested positive for the novel coronavirus, becoming the first case of COVID-19 in the Senate and raising fears about the further transmission of the virus among Republicans at the Capitol.

Paul, an eye surgeon, went into quarantine Sunday after learning his results. He said he has not had symptoms and was tested out of an abundance of caution due to his extensive travel and events. He said he was not aware of any direct contact with any infected person.

His announcement led Utah's two GOP senators – Mike Lee and Mitt Romney – to place themselves into quarantine, stepping away from negotiations as the Senate worked on a $1.4 trillion economic rescue package for the coronavirus crisis. At least five senators, including Paul, were in self-quarantine Sunday, Senate Majority Leader Mitch McConnell said.

"The coronavirus has hit the Senate today," said McConnell, R-Ky. "It's not just back in our states but right here in the Senate."

Sen. Kyrsten Sinema, a Democrat from Arizona elected in 2018, chastised Paul on Twitter, saying his decision to return to the Capitol after he was tested – but before he learned the results – was "absolutely irresponsible."

Sinema said she has "never commented about a fellow Senator's choices/actions. Never once."

But she added: "This, America, is absolutely irresponsible. You cannot be near other people while waiting for coronavirus test results. It endangers others & likely increases the spread of the virus."

Other senators, including Ted Cruz of Texas and Lindsey Graham of South Carolina, had gone into self-quarantine while they awaited the results of a coronavirus test. Both were negative.

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hp LOCAL & STATE

Berrien County confirms first COVID-19 patients

Hamel: Anyone with mild symptoms should 'assume that you have COVID-19' and shelter in place, to avoid spread

By LOUISE WREGE
HP Staff Writer

BENTON TOWNSHIP — The Berrien County Health Department confirmed Sunday that there are four positive cases of COVID-19 within the county.

Three of the people who tested positive for the coronavirus had close contact with singer Sandi Patty when she performed at Andrews University on March 8.

They were among several people reporting symptoms after meeting the Grammy Award-winning gospel singer for a special "in-person experience" after the concert, said Dr. Rick Johansen, Berrien County medical director.

Health department officials said the fourth case is unrelated to the concert.

The county previously reported the first two cases during a news conference Saturday at the health department on Napier Avenue.

The health department posted an updated figure Sunday morning after more test results came in.

Until recently, only the state lab was able to process tests for COVID-19. Now there are private, university and hospital labs that are able to process these tests.

Due to so many labs now processing COVID-19 tests, health department officials said it is difficult to know the exact number of how many tests are being submitted and processed daily. Because of this, the department will only be reporting on the number of positive cases and the number of deaths in Berrien County.

Johansen said the health department was notified of the first two positive tests Saturday morning and immediately put together a team to trace all of the close contacts the two women have had since the concert.

Health Officer Nicki Britten said the first two positive tests were from women under the age of 60, who have been self-isolating at home. No further information on the two other positive cases were made available Sunday.

"And I'm happy to report that they are in good condition, recovering from the symptoms," she said.

Louise Wrege / HP staff

Health Officer Nicki Britten with the Berrien County Health Department speaks Saturday about the first two positive cases of COVID-19 in Berrien County. Also at the news conference were, from left, Berrien County Undersheriff Chuck Heit; Dr. Rick Johansen, Berrien County medical director; and Dr. Loren Hamel, president of Spectrum Health Lakeland.

Anyone who had close contact with the people who tested positive for COVID-19 are asked to self-quarantine and will be monitored. Anyone who had close personal contact with Patty is asked to self-quarantine and monitor themselves through March 22, which marks 14 days after the contact. The symptoms of COVID-19 include fever, cough and/or shortness of breath.

For more information, call the health department's hotline at 1-800-815-5485.

Johansen said everyone who had close contact should self-quarantine, but only people showing symptoms and who had close contact should be tested, because there aren't enough tests to go around.

Dr. Loren Hamel, president of Spectrum Health Lakeland, said people need an order from a doctor or from the health department to be tested at the drive-through site at the Center for Outpatient Services, 3900 Hollywood Road.

When asked how many testing kits are available, Hamel said, "Not enough. Not across the country. Not across the state."

Hamel said Spectrum's lab in Grand Rapids has started doing its own tests, meaning that test results come back in hours rather than days. But he said the limiting factor is that some of the supplies needed to create the tests are scarce.

"In the meantime, if folks get sick with mild symptoms, assume that you have COVID-19 and shelter in place and stay away from others," he said. "You can do that whether or not you have a test. And that is something everybody must do out of an abundance of caution."

Johansen said the governor's office has asked officials across the state not to disclose how many people have been tested for the virus.

To save the scarce COVID-19 tests, he said that when people are sick, they test them for other illnesses.

"And almost every time, we found some other virus like the flu or something else," he said. "And then we've had them quarantined and we're watching them."

He said they've been able to test the people who really needed the tests so far.

Meanwhile, Hamel said the entire Spectrum Health Lakeland health system is gearing up for a possible surge in COVID-19 cases.

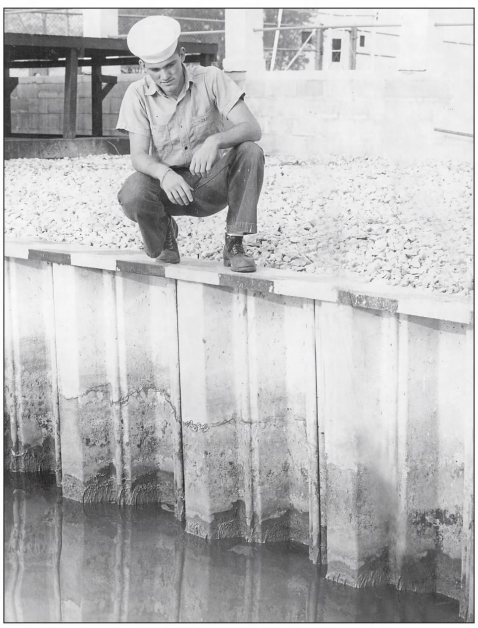
"We're ... making sure we're preparing the facilities and the staff for what could be weeks or a few months of more patients than we've ever seen," he said. "We hope that doesn't come to Berrien County."

In other countries further along in the pandemic, he said not every hospital has been flooded with patients.

"They're focused in certain areas, and that's likely to occur in this country as well," he said. "We're hoping that all that preparation will be unnecessary."

Contact: lwrege@TheHP.com, 932-0361, Twitter: @HPWrege

TIME CAPSULE



Local Coast Guardsman James Giannestras in October 1963 takes a look at how much the level of the St. Joseph River dropped over a two-year period. Giannestras was near the seawall alongside the U.S. Coast Guard station in St. Joseph. The water was 20 inches below a coat of paint applied above what the waterline had been two years previously. Low water levels throughout the state at the time were linked to a period of exceptionally dry weather. The photo is a reminder how quickly water levels can rise and fall – something to keep in mind as current water levels are near historic highs.

Time Capsule, which runs every Monday, takes a look back through the HP photo archives. If you would like to share a nostalgic comment about this photo, please join the discussion on our Facebook page: facebook.com/HeraldPalladium.

IN BRIEF

AEP Foundation donates to fight virus

FORT WAYNE, Ind. — The American Electric Power Foundation, on behalf of Indiana Michigan Power, will donate $240,000 in emergency funds to help our communities in Indiana and Michigan amid the coronavirus pandemic.

The funds will be available to local not-for-profits that support basic human needs like food, shelter and housing assistance across I&M's service territory.

"It is important to all our team members at I&M to support and enhance the quality of life in the communities we serve, and without hesitation we want to step up at this uncertain time and help," said Toby Thomas, I&M President and COO. "The AEP Foundation has made it possible for the people at I&M to once again be there for our neighbors. These funds will help our communities and customers to focus on staying healthy and provide much needed aid as we navigate this pandemic."

In total, the AEP Foundation will donate $1.5 million to communities served by AEP in 11 states to help those in need.

LEGISLATIVE ROLL CALL

Weekly Roll Call Report for the Herald Palladium

The Legislature met one day this week and has scheduled tentative sessions for one day per week during the coronavirus public health emergency, which will only take place if there is a specific need. In coming weeks the Roll Call Report will feature recently introduced bill of interest.

House Bill 4729, Authorize COVID-19 epidemic response spending: Passed 37 to 0 in the Senate on March

To appropriate $125 million for state response activities to the coronavirus epidemic, with $50 million going to the state Department of Health and Human Services and $75 million to the Department of Technology, Management and Budget to be distributed to relevant programs.

21 Sen. Kim LaSata	R – Bainbridge Twp.	Y
26 Sen. Aric Nesbitt	R – Lawton	Y

House Bill 4729, Authorize COVID-19 epidemic response spending: Passed 92 to 0 in the House

The House vote on the epidemic response funding bill described above.

59 Rep. Aaron Miller	R – Sturgis	Y
66 Rep. Beth Griffin	R – Mattawan	Y
78 Rep. Brad Paquette	R – Niles	Y
79 Rep. Pauline Wendzel	R – Bainbridge Twp.	Y
80 Rep. Mary Whiteford	R – Casco Township	Y

Senate Bill 718, Expand roadside drug testing pilot program: Passed 28 to 9 in the Senate

To revise a 2016 law that ordered a roadside drug testing pilot program in five counties by extending it to the entire state.

21 Sen. Kim LaSata	R – Bainbridge Twp.	Y
26 Sen. Aric Nesbitt	R – Lawton	Y

House Bill 4908, Increase cap on state housing subsidy debt: Passed 35 to 2 in the Senate

To increase to $5 billion the current $3.4 billion cap on the amount of debt backed by the Michigan State Housing Developing Authority, which subsidizes housing developer borrowing.

21 Sen. Kim LaSata	R – Bainbridge Twp.	Y
26 Sen. Aric Nesbitt	R – Lawton	N

Senate Bill 592, Allow "double dipping" for corrections pensioners: Passed 37 to 0 in the Senate

To allow "retired" state prison employees to collect a pension while also getting paid to do corrections work as an independent contractor, or employed by one. Versions of this law are often passed when government agency employees who are permitted to begin collecting full pensions at a comparatively early age take advantage of this rather than continuing to work until a more typical retirement age.

21 Sen. Kim LaSata	R – Bainbridge Twp.	Y
26 Sen. Aric Nesbitt	R – Lawton	Y

House Bill 5576, Gov. Whitmer's "Michigan Reconnect" scholarship proposal: Passed 35 to 2 in the Senate

To authorize a college and trade school grant program for individuals age 25 and above, with grants in the amount needed to cover tuition and fees for career-oriented classes at a community college that is above the amount covered by other scholarships and government aid. It would also authorize one-time grants of $1,500 for completing a private apprenticeship program. This is the "Michigan Reconnect" program proposed by Gov. Gretchen Whitmer in her 2019 State of the State address, and is projected to cost $46.3 million.

21 Sen. Kim LaSata	R – Bainbridge Twp.	Y
26 Sen. Aric Nesbitt	R – Lawton	Y

Senate Bill 268, Gov. Whitmer's "Michigan Reconnect" scholarship proposal: Passed 81 to 12 in the House

The House version of this proposal, whose provisions will likely be divided among two or more bills.

59 Rep. Aaron Miller	R – Sturgis	N
66 Rep. Beth Griffin	R – Mattawan	Y
78 Rep. Brad Paquette	R – Niles	N
79 Rep. Pauline Wendzel	R – Bainbridge Twp.	Y
80 Rep. Mary Whiteford	R – Casco Township	Y

House Bill 5024, Let townships impose property tax for mosquito control: Passed 72 to 21 in the House

To permit townships to impose a 1 mill property tax for six years for mosquito abatement if voters approve, which would let these governments use existing tax revenue to pay for other spending instead.

59 Rep. Aaron Miller	R – Sturgis	Y
66 Rep. Beth Griffin	R – Mattawan	Y
78 Rep. Brad Paquette	R – Niles	N
79 Rep. Pauline Wendzel	R – Bainbridge Twp.	Y
80 Rep. Mary Whiteford	R – Casco Twp.	Y

House Bill 4910, Criminalize false emotional support animal claim: Passed 59 to 33 in the House

To make it a crime to falsely represent to a housing provider that a person has a disability or is in possession of an emotional support animal prescribed by a licensed medical service professional, and permit a housing provider to require reliable documentation to confirm this. The bill would also establish procedures, standards and required credentials (including state licensure) for a medical professional prescribing an "emotional support animal." Falsely claiming this status, or falsely prescribing for it, would be subject to fines, jail or community service.

59 Rep. Aaron Miller	R – Sturgis	Y
66 Rep. Beth Griffin	R – Mattawan	Y
78 Rep. Brad Paquette	R – Niles	Y
79 Rep. Pauline Wendzel	R – Bainbridge Twp.	Y
80 Rep. Mary Whiteford	R – Casco Twp.	Y

House Bill 4911, Authorize eviction for false emotional support animal claim: Passed 67 to 26 in the House

To allow a landlord to evict a tenant who falsely claimed that a member of household has a disability or is in possession of an emotional support animal prescribed by a (legitimate) medical service professional.

59 Rep. Aaron Miller	R – Sturgis	Y
66 Rep. Beth Griffin	R – Mattawan	Y
78 Rep. Brad Paquette	R – Niles	Y
79 Rep. Pauline Wendzel	R – Bainbridge Twp.	Y
80 Rep. Mary Whiteford	R – Casco Twp.	Y

SOURCE: MichiganVotes.org, a free, non-partisan website created by the Mackinac Center for Public Policy, providing concise, non-partisan, plain-English descriptions of every bill and vote in the Michigan House and Senate. Please visit www.MichiganVotes.org.

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Y = Yes, N = No, X = Not Voting

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The Newspaper for Southwest Michigan

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QUOTE FILE

What people are saying in Southwest Michigan.

Unfortunately, labs have been inundated with so many samples for testing over the last couple of weeks. It has been taking anywhere from two to three days.

– GILLIAN CONRAD
Communications manager for the Berrien County Health Department, regarding the lag in getting testing results for COVID-19

I know that every other practice in town is transitioning or has transitioned. So anywhere they seek help they can get online services.

– ANNE CARPENTER
Psychologist in St. Joseph, discussing the continued availability of mental health services

This is horrible for people's recovery. We are very concerned for this population.

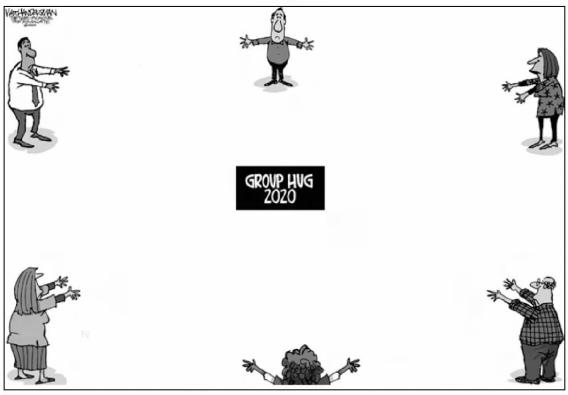
– KAYE SANDERS
A supervisor with Community Healing Centers, discussing people with addictions as social distancing takes hold

We need to do what we can to support the front lines.

– MARC BITZER
Whirlpool CEO, after the company donated medical supplies to Spectrum Health Lakeland to protect against the coronavirus

Families are understanding if people do not come, and most people are not hugging or shaking hands. It's a weird environment.

– BRYAN DUFFIELD
Co-owner of Duffield & Patrick funeral home in Coloma, discussing how funerals are being conducted – if they haven't been postponed



Laughter is the best medicine

By GINA BARRECA

Laughing together is as close as you can get without touching," I wrote in my first book, "They Used To Call Me Snow White … But I Drifted: Women's Strategic Use of Humor," published in 1991.

Laughter has always been the best medicine; I wasn't exactly making any boldly original statement almost three decades ago. I wasn't expecting a MacArthur grant. But what I expected even less than a MacArthur grant was that the not-touching part of my line would eventually be part of a stentorian, global prescription to combat COVID-19.

Yelling, "Don't touch!" is how we now greet each other. We're learning the niceties of social distancing, which for some of us echo lessons learned in junior high when we were instructed to leave sufficient room between our dance partners and ourselves for the presence of the Holy Ghost.

I wasn't good at social distancing in junior high – my Holy Ghost was remarkably thin, almost waif-like – but I am trying to learn now.

For example, I'm glad that we're not elbow-bumping anymore. Not only does it look intensely stupid, but since we'd also been told for a month to sneeze and cough directly into our elbows, I'd cross right over that elbow bridge if I were a germ. You wouldn't even need a disease E-ZPass if you were a determined little particulate – you could just hop the elbow turnstile and head on to a new host.

As an aging Italian American woman, being instructed not to hug is like a dog being told not to wag its tail. To restrain myself these days, I picture people with swarms of mosquitoes buzzing around their heads. Without that delightfully sophisticated image, I'm more than likely to forget myself, stroll up and ask what you're making for dinner. And then you'd have to set us both on fire.

Why am I making fun of such a miserable time, you ask? (I can see the one asking: You're the one with the pursed lips who's tsk-tsking and shaking your head.) I'm making fun because jokes, mockery and humor are confessions of anxiety and worry, and laughter provides a collective atonement.

Since the first political cartoons appeared on the cave walls in Lascaux, comedy and humor have kept communities healthy. Humor rewards originality, offers diversion, enhances intellectual functioning, encourages emotional endurance, promotes a sense of alliance and releases tension without dismissing the seriousness of the situation.

Out of emotional chaos, humor devises a form and crafts a meaningful sense of control.

Humor insists on the most significant forms of freedom of assembly: the assembly of souls and minds, the community of the anxious and the brave (all of us at different moments), the gathering of storytellers, truth-tellers and eager listeners.

Some of the smartest and most inventive material I've seen online is the funny stuff. Memes exaggerating our fears (a Mad Max villain in a full facemask and body armor poses against a postapocalyptic landscape, saying "I'm heading to the store. Need anything?"). A video of a cat so manifestly displeased that its owners are in home quarantine, thereby disrupting the cat's typical routine, made me laugh despite myself.

The rest of us, to be honest, must keep our humor intact and make sure our supply of it is as reliable, accessible and replenishable as what we'll simply refer to as "paper products for the home."

Why does comedy matter, especially during times of crisis?

Comedy doesn't lighten the gravity of the situation, but it lightens our hearts. And that is a gift.

Comedy illuminates, offering clarity to those who are willing to focus. Humor can't force you to move out of the gloom, but if you can sit at the virtual table, make conversation over the phone, offer and accept laughter, these will remind you of the delights of being alive today – which is all anyone has ever had.

Gina Barreca is columnist for The Hartford Courant.

ANOTHER OPINION

COVID-19 fears are being exploited

The COVID-19 coronavirus crisis has brought out the compassion and good-heartedness of many Americans. Unfortunately, there is no crisis that scammers will not seek to exploit.

It certainly didn't take long for con artists to hatch a litany of schemes designed to prey on people's fears in a time of emergency.

In Toledo Ohio, police have warned residents about people going door to door claiming to be selling COVID-19 test kits or asking for advance payment for testing. Tests for the virus can be ordered only through a doctor's office and no one with a reputable product is selling them door to door.

The Pennsylvania State Police have warned residents to watch out for fake social media posts promoting COVID-19 treatments or phony charities soliciting donations.

Scams run the gamut, sometimes relying on robocalls or phishing emails, and sometimes hawking bogus products with fake claims.

The Federal Trade Commission and the Food and Drug Administration have already warned seven companies for falsely advertising products that they claim can treat or cure COVID-19. Among them have been "The Jim Bakker Show," on which the host, who many remember was convicted of fraud back in the 1980s, promised his "Silver Solution" could clear the virus from the human immune system.

Also targeted by authorities has been notorious conspiracy theorist and Infowars host Alex Jones, who has claimed the toothpaste, dietary supplements and lotions that he sells can effectively treat coronavirus.

Fear and uncertainty make us vulnerable to scam artists. Cool heads and healthy skepticism will help keep us safe.

And while consumers put their guards up, authorities must ramp up efforts to do more of what state and federal officials have done in these cases already. The U.S. attorney general has appointed a COVID-19 fraud coordinator to organize investigations into these frauds, which is a good start.

The public must be protected from bogus claims and cons while we deal with this public health crisis.

– Pittsburgh Post-Gazette

Walt Whitman – poet and publicist extraordinaire

"Do I contradict myself? Very well then, I contradict myself."
– Walt Whitman, "Song of Myself

When Walt Whitman, then a complete nobody, self-published a book of poems titled "Leaves of Grass" in 1855, few outside his friends and family knew about the book, much less cared. Nor, actually, did friends and family.

Bruce Kauffmann
History Lesson

Two months later the publication United States Review included an essay on the book so laudatory – "An American bard at last!" the article began – the public took notice. It added, "He will bring poems … fit for men and women with the attributes of throbbing blood and flesh!"

The Brooklyn Daily Times raved, "No imitation – no foreigner – but a growth and idiom of America." The American Phrenological Journal called "Leaves of Grass" "the most glorious triumph in the history of literature."

None of the reviews was signed because all three reviewers were the same person. Walt Whitman himself. No doubt Whitman remains one of our greatest poets, and "Leaves of Grass," although somewhat controversial because of explicit sexual imagery, remains an important contribution to American literature. But at least as much as his poetic talent, his fame is due to his talent as a self-promoter. After Ralph Waldo Emerson, to whom he sent a copy of the book, wrote him a private letter saying, "I greet you at the beginning of a great career," Whitman had a newspaper friend publish the letter, infuriating Emerson, who meant the letter to be just between the two of them.

Whitman's genius included intuitively understanding that controversy also generates interest, so he not only included laudatory reviews – most of which he wrote himself – but also scathing reviews, sensing that causing arguments over the book would generate further interest in the book. Originally, he also wildly exaggerated the book's popularity, writing that he had gone through several editions and had sold "ten or twenty thousand" copies. In reality, at the time he had barely sold two dozen copies.

He even carefully cultivated his image. The photo of Whitman accompanying the book has him looking like a workingman, only a defiant one, his hat tilted back and his hand on his hip. Compared to the usual "jacket" photos of authors in three-piece suits, Whitman looked like the poet of the common people, which was precisely his intent.

Whitman, who died this week (March 26) in 1892, rightly believed in his own poetic gift, and therefore thought the ends – putting a classic work of art before the public – justified the means, engaging in endless hype and chicanery. "The public is a thin-skinned beast," he once said, "and you have to keep whacking away on its hide to let it know you're there."

Bruce G. Kauffmann's e-mail address is: bruce@historylessons.net.

The perils of being a wartime president

Steve Chapman

The new coronavirus has been one of the worst moments of Donald Trump's presidency. A crisis erupted, and he spent weeks downplaying and dismissing before finally conceding the urgent need for action. If things go badly, he will get a lot of the blame for his tardy, ineffectual response.

But in some ways, the pandemic puts him in the position he always imagined the office would be. He gets to stand in front of the cameras every day, issuing directives, invoking emergency powers and commanding a platoon of subordinates who praise his inspiring leadership. It's a Hollywood image of a president in action.

Trump had an air of satisfaction in declaring himself a "wartime president." But this is the same guy who in 2015 insisted, "I know more about ISIS than the generals do, believe me." Once in office, he mused, "I think I would have been a good general."

In fact, Trump has been a wartime president since he arrived, but he had reservations about the military conflicts he inherited, which lacked strong popular support. With COVID-19, he obviously hopes the citizenry will rally behind him in the sort of national unity seen during previous wars.

He is not the first president to see the upside of such challenges. President Bill Clinton, noted Todd Purdum last year in The Atlantic, "sometimes lamented that he was serving in times of broad peace and prosperity, because true presidential greatness was granted only to those leaders who governed in war or crisis." Abraham Lincoln and Franklin Roosevelt, Clinton knew, owe their heroic reputations largely to the critical wars they fought – and won.

George H.W. Bush saw his approval rating soar to 89 percent after the coalition victory in the 1991 Gulf War. George W. Bush attained a 90 percent approval rating after standing in the rubble of the World Trade Center and vowing to strike back at "the people who knocked these buildings down."

It's not hard to believe that Trump sees this as his chance for the public to see him as the hero he admires in the mirror. On Wednesday, he channeled FDR: "To this day, nobody has ever seen like it, what they were able to do during World War II. Now it's our time. We must sacrifice together, because we are all in this together, and we will come through together."

Those words lacked any stirring quality, though, because they are so at odds with his habit of smearing his critics and inflaming his supporters with venomous rhetoric. Even now, he can't put aside his petty, bitter resentments.

Trump's appeal for common sacrifice came on the same day he tweeted: "95 percent Approval Rating in the Republican Party, 53 percent overall. Not bad considering I get nothing but Fake & Corrupt News, day and night. 'Russia, Russia, Russia', then 'the Ukraine Scam (where's the Whistleblower?)', the 'Impeachment Hoax', and more, more, more...."

You can't ask people to come together when your chief concern is how popular you are with the 30 percent of Americans who identify with your party. You can't expect solidarity when your favorite political strategy is stoking division. If you want citizens to rise above their selfish concerns, you need to do likewise. Trump is incapable.

A president who expects to get credit for taking steps that help in a crisis has to be accountable for mistakes as well. But Trump has said, "I don't take responsibility at all" for the administration's failures in preparing for this outbreak. As for the charge that he closed the White House office that dealt with pandemics, he suggested that others were to blame, claiming, "I don't know anything about it."

When I asked presidential historian Richard Norton Smith (who is currently writing a biography of Gerald Ford), about Trump's posture, he had a tart response: "He wants to take credit for D-Day without accepting responsibility for Pearl Harbor."

Trump, with his notorious ignorance of history, also fails to see the perils of being in charge during a crisis. He has made no effort to learn from Lyndon Johnson, whose fortunes fell so low that he abandoned his 1968 reelection campaign during a losing war. As Smith says, Johnson failed "in large part because of the gross discrepancy between what he was claiming and what people were seeing every night in their living rooms."

Trump thinks the coronavirus pandemic will be his World War II. It may be his Vietnam.

Steve Chapman is a columnist for the Chicago Tribune.

Mic Smith / AP

Despite warnings from government officials take caution and self distance because of coronavirus, beach goers enjoy the Isle of Palms beach, Friday, in Isle of Palms, S.C. City authorities are restricting access to the popular beach from 7 a.m. to 7 p.m. daily starting Saturday to help stop the spread of the coronavirus.

Virus rebels from France to Florida flout lockdown practices

By ELAINE GANLEY
Associated Press

Thibault Camus / AP

People walk in the open air market of Belleville, in Paris, Friday. French President Emmanuel Macron said that for 15 days starting at noon on Tuesday, people will be allowed to leave the place they live only for necessary activities such as shopping for food, going to work or taking a walk.

PARIS — Young German adults hold "corona parties" and cough toward older people. A Spanish man leashes a goat to go for a walk to skirt confinement orders. From France to Florida to Australia, kitesurfers, college students and others crowd the beaches.

Their defiance of lockdown mandates and scientific advice to fight the coronavirus pandemic has prompted crackdowns by authorities on people trying to escape cabin fever brought on by virus restrictions. In some cases, the virus rebels resist – threatening police as officials express outrage over public gatherings that could spread the virus.

"Some consider they're little heroes when they break the rules," French Interior Minister Christophe Castaner said. "Well, no. You're an imbecile, and especially a threat to yourself."

After days of noncompliance by people refusing to stay home and venture out only for essential tasks, France on Friday sent security forces into train stations to prevent people from traveling to their vacation homes, potentially carrying the virus to the countryside or beaches where medical facilities are less robust. The popular Paris walkway along the Seine River was closed and a nightly curfew was imposed in the French Mediterranean city of Nice by Mayor Christian Estrosi, who is infected with the virus.

Florida officials closed some of the state's most popular beaches after images of rowdy spring break college crowds appeared on TV for days amid the rising global death toll, which surpassed 13,000 on Sunday. Australia closed Sydney's famous Bondi Beach after police were outraged at pictures of the crowds.

New York Gov. Andrew Cuomo said Saturday that people from 18-to-49 account for more than half of the state's coronavirus cases, warning them "you're not Superman, and you're not Superwoman."

Many people were not complying with social distancing recommendations to stay away from each other in New York City's vast city park network ahead of a ban on congregating in groups that goes into effect Sunday night, Cuomo said.

"You can wind up hurting someone who you love, or hurting someone wholly inadvertently. Social distancing works, and you need social distancing everywhere," Cuomo warned.

> **"You can wind up hurting someone who you love, or hurting someone wholly inadvertently. Social distancing works, and you need social distancing everywhere."**
>
> **ANDREW CUOMO**
> New York governor

As new coronavirus cases in China dropped to zero several days in a row, the chief medical officer for the International Clinic of Wuhan was alarmed at those elsewhere refusing to follow rules to contain the virus. Dr. Philippe Klein said people should look to China's confinement of tens of millions as an example to emulate "with courage, with patience, with solidarity."

"I exhort you, the French, to apply the rules in our way," said Klein, who is French.

Worldwide, over 307,000 people have been infected. For most, the coronavirus causes only mild or moderate symptoms. But it can cause more severe illness in others, especially older adults and people with existing health conditions. Some 92,000 people have recovered, mostly in China, where the virus first struck late last year.

The virus rebels tend to range from restless teens to wealthy adults who can travel to their getaway homes. Even in Italy, where the virus death toll soared beyond China's last week, authorities are still trying to rein in people from going outside for fresh air, sun and visits with friends to escape walled-in lives.

French farmers' markets where people congregate to shop for food have posed a special challenge for police trying to keep people apart from each other at the recommended 6 feet, along with neglected urban housing projects where distrust and disobedience of authorities runs deep.

In Clichy-Sous-Bois, a Paris suburb where nationwide riots triggered by police harassment allegations erupted in 2005, a person bit a police officer trying to enforce confinement rules, said Linda Kebbab, a police union spokesperson. And a large crowd threatened to spit on officers who had planned to disperse them in the southeastern city of Lyon but left instead, she said.

In the southern German state of Bavaria, Gov. Markus Soeder lamented that "there are still corona parties, there are young people who cough at older people and shout corona for fun and, above all, there are an incredible number of groups being formed."

National police in Spain, which has the second-highest number of coronavirus infections in Europe after Italy, are using helicopters to spot groups of people meeting up outdoors. Then agents are sent in to break up the gatherings.

Spanish police have also taken to highlighting examples on social media of what people should not do in public during the country's state of emergency. In the southeastern Murcia region, they posted video of police stopping a person waddling outside in a full-body dinosaur costume and tweeted that pets can be taken for brief walks by owners but that "having a Tyrannosaurus Rex complex is not" allowed.

And in Spain's northeastern region of Catalonia, police posted a picture of a man walking a goat on a leash, apparently trying to take advantage of the pet walking exception.

France now has 100,000 security personnel on the streets who are issuing fines amid a new national "Stay Home" mantra and warnings by officials that the country's two-week lockdown could be extended if the country's infection rate keeps rising. More than 1.7 million checks were carried out in the last five days and more than 22,500 people fined, the Interior Ministry said. By Sunday, France counted more than 16,000 confirmed infections and 674 deaths.

In Greece, the prime minister tried to convince people to say home, warning citizens that future virus prevention measures depend "on our behavior."

But after Florida's officials shut down some of the state's famed beaches, some businesses were still trying to draw in tourists, including Clearwater Mega Bite Shark Boat, a 40-foot vessel with a bow shaped like a shark's snout that cruises the Gulf of Mexico off Florida's western coast.

The boat can carry 50 passengers but the owner was limiting trips to 10 to comply with federal advice. Only four people signed up for a Saturday trip, said an employee named Chase who answered the phone but declined to give his last name.

"Normally we'd be packed this weekend," he said.

Michelle Obama, Oprah joined an epic (virtual) party

LOS ANGELES (AP) — The hottest party in town Saturday night was on DJ D-Nice's Instagram, where over 100,000 accounts tuned in during his epic 10-hour set including the likes of Michelle Obama, Oprah, Rihanna and Will Smith.

Oprah tweeted that it was the "best party of 1 and 100K I've ever been to." Smith expressed a similar sentiment.

As the world practices social distancing to slow the spread of the coronavirus, many have been looking for ways to hang out virutally and D-Nice's joyous dance party proved to be just the ticket.

D-Nice has been hosting Club Quarantine parties on his Instagram Live since Wednesday, but it hit a peak Saturday night, attracting entertainers, athletes and politicians to the account, like Missy Elliott, Ellen DeGeneres, Mark Zuckerberg and Magic Johnson.

Presidential hopefuls Joe Biden and Bernie Sanders also stopped by the virtual party, as did Sens. Elizabeth Warren and Kamala Harris.

OBITUARIES

Charles M. Harmon

Nov. 20, 1948 – March 12, 2020

Charles Milton Harmon departed this life March 12, 2020.

Charles was born Nov. 20, 1948, in Columbus, Ohio, to the union of John L. and Lovie Harmon. Charles was a graduate of Benton Harbor High School, "Class of 66." He served his community as a Benton Harbor police officer and served in the United States Army. Charles' greatest career was driving his big rig truck, which he did for many years. He loved to tell jokes; he was always there to lend a helping to whom ever needed help.

His sister, Louise, was very special to him; they were like twins, always together – if not physically – on the phone.

He leaves to cherish his memory, his former wife, Willie (Cookie) Harmon-Ickom, who was his faithful caretaker until his time of passing; his sons, Michael (Pam) Harmon and Donald (Nichole) Harmon; daughter, Shaun (Danny) Escano; 19 grandchildren; two great-grandchildren; sisters, Louise (Michael) Guyton, Veronica Harmon, Bridget (Gordon) Woodson and Bernadette (Archie) Carpenter, brothers, John Harmon and Gregory Harmon; and a host of nieces, nephews, family and friends.

He was preceded in death by his father; mother; son, Christopher; brother, Gary; and maternal and paternal grandparents.

Janice C. Gibson

Dec. 24, 1935 – March 20, 2020

Janice C. Gibson, 84, formerly of Harbert, passed away Friday, March 20, 2020 at Whitcomb Towers in St. Joseph.

Due to current circumstances, private graveside services will be held. Celebration of Life Services will be announced at a future date. Memorial donations in Janice's memory may be made to the Daughter's of the American Revolution or the Humane Society of Southwest Michigan. Those wishing to sign Janice's Memory Book online may do so at starks-menchinger.com.

Janice was born Dec. 24, 1935 in Minneapolis, Minn., the only child of F.A. & Eva (Hansen) Kitchen. She attended Chicago Public Schools and later earned her Bachelor's Degree in Personnel and Industrial Psychology from Roosevelt University, and an Associate Degree in Dental Hygiene from Northwestern University. Janice also graduated from the Chicago School of Interior Design. She was employed as a Personnel Specialist at Consolidated Packaging Corporation and was the co-owner of Cameo Consultants on Dearborn Street.

For many years she narrated North Shore fashion shows and modeled for several Loop Boutiques and was proud to serve on the Carson Pirie Scott College Fashion Board in the '50s.

In 1966 in Chicago, Janice married Jack P. Gibson of Lakeside. They made their home in Harbert from where she commuted on the South Shore to her office until her early retirement.

Janice was active in the American Association of Universities, where she held a state office, the Daughters of the American Revolution, holding several offices, Monday Musical, New Buffalo Service League, Krasl Art Center, serving on the board of directors, and the president of the Friends Board, the Harbert Community Church, where she served on the board of directors for eight years, sang in the choir and taught Sunday School. Janice was elected to two four-year terms on the Chikaming Township Parks Board. Janice volunteered for Junior Achievement and the Literacy Counsel.

As a vocal talent, Janice lent her soprano voice to the Chicago Choral Club and the Chicago Symphony Women's Chorus, the DAR State Chorus and many local chorus groups and choirs.

In her earlier years, Janice was an accomplished downhill skier. In 1962, she was crowned "Queen of the Chicago Metro Ski Clubs" in a ceremony at Morrison Hotel. She was nominated twice, and in 1995 included in a publication of Two-Thousand Noteworthy American Women.

Janice was an avid reader, belonging to several book clubs, loved concerts, musicals, golf and traveling. Janice and Jack visited 27 countries and most of the United States.

Janice was preceded in death by her parents, her devoted husband of 43 years, Jack, and a half-sister Everetta Wright. She leaves behind two sons; Jack (Rhonda) Gibson of St. Joseph and William "Bill" Gibson of Stevensville; grandchildren, Joshua, Jordan Renee, Justin and Joely Lynn Gibson, and daughter-in-law Melissa Gibson.

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DO YOU REMEMBER?

25 years ago - 1995

Effie Brown wants to convert a vacant, coin-operated laundry on South Fair Ave. into The Next Phase teen center and her plans got straight A's tonight from the Benton Harbor Planning Commission. The commission agreed to recommend a special permit that would allow Brown to start the center. But there is a catch: The permit could be rescinded if too many valid complaints about the business are logged with City Hall.

35 years ago - 1985

Helaine's Inc. will open a store at the Orchards Mall in Benton Township in the first week of April, according to Hillard Friedman, president of Helaine's.

The Helaine's store at the Fairplain Plaza was closed around the first of the year. Helaine's was founded in 1944, and has undergone a number of moves and expansions since that time.

50 years ago - 1970

Pledges and contributions to ease a financial deficit will allow the St. Basil Elementary School to remain open for the 1970-71 school year. The parish council had forecast a $35,000 deficit for the current and 1970-71 school years and had placed the decision about closing with parishioners. "We are gratified by the response of the congregation," said parish council president Ray Holden. "... the pledges will allow us to operate through the next school year." The school has approximately 200 students in grades one through eight.

TODAY IN HISTORY

By THE ASSOCIATED PRESS

Today is Monday, March 23, the 83rd day of 2020. There are 283 days left in the year.

Highlight in history:

On March 23, 1933, the German Reichstag adopted the Enabling Act, which effectively granted Adolf Hitler dictatorial powers.

On this date:

In 1806, explorers Meriwether Lewis and William Clark, having reached the Pacific coast, began their journey back east.

In 1919, Benito Mussolini founded his Fascist political movement in Milan, Italy.

In 1942, the first Japanese-Americans evacuated by the U.S. Army during World War II arrived at the internment camp in Manzanar, California.

In 1956, Pakistan became an Islamic republic.

In 1965, America's first two-person space mission took place as Gemini 3 blasted off with astronauts Virgil I. "Gus" Grissom and John W. Young aboard for a nearly 5-hour flight.

In 1990, the romantic comedy "Pretty Woman," starring Richard Gere and Julia Roberts, was released by Buena Vista Pictures.

In 1993, scientists announced they'd found the renegade gene that causes Huntington's disease.

In 2005, truck driver Tyrone Williams was convicted in federal court in Houston for his role in the 2003 deaths of 19 immigrants he was smuggling across Texas. (After initially receiving a life sentence, Williams was resentenced in Jan. 2011 to nearly 34 years in prison.)

In 2011, Academy Award-winning actress Elizabeth Taylor died in Los Angeles at age 79.

5-Day Forecast for St. Joseph

Today	Tonight	Tuesday	Wednesday	Thursday	Friday
Mostly Cloudy	Partly Cloudy	Mostly Cloudy	Partly Cloudy	Scattered Rain	Scattered Rain
41°	31°	46° / 38°	48° / 40°	44° / 37°	45° / 39°

Local Outlook

Today we will see mostly cloudy skies, high of 41°, humidity of 76%. West wind 2 to 7 mph. Expect partly cloudy skies tonight, overnight low of 31°. South wind 1 to 6 mph. Tuesday, skies will be mostly cloudy with a slight chance of rain, high of 46°, humidity of 72%.

Sun and Moon

Sunrise ..... 7:42 a.m.
Sunset ..... 8:01 p.m.
Moonrise ..... 7:50 a.m.
Moonset ..... 7:25 p.m.

New 3/24 · First 4/1 · Full 4/7 · Last 4/14

Local Almanac

Benton Harbor Yesterday

Temperature

High ..... 35°
Low ..... 21°
Normal High ..... 49°
Normal Low ..... 31°
Record High ..... 83° in 2012
Record Low ..... 13° in 2002

Precipitation

Yesterday ..... 0.00"
Month to date ..... 1.35"
Normal for month ..... 1.65"
Year to date ..... 6.27"
Normal Year to date ..... 4.82"

Air Quality

Yesterday 55
Main Offender ..... Particles

The higher the number, the greater the need for people with respiratory problems to reduce outside activity.

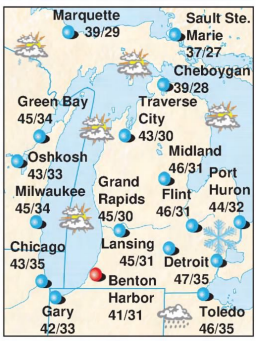
0-50 ..... Good
51-100 ..... Moderate
101-150 ..... Sensitive
151-200 .. Unhealthy

Weather Trivia

Does carrying an umbrella increase your chances of being struck by lightning?

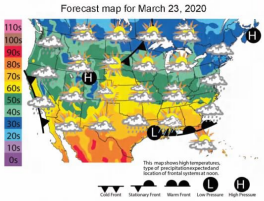
Answer: Probably, but standing next to a metal object will make it more likely.

Regional Map



National Weather Map

Forecast map for March 23, 2020



For latest weather updates: **www.UpdatedWx.com/HP**

Lake Michigan

Today, Variable winds less than 5 kt. A chance of snow. Waves 1 ft or less. Water temperature 36 degrees. Tonight, Variable winds 5 kt or less. Partly cloudy. Waves around 1 ft.

Michigan Forecast

Upper Peninsula

Today, skies will be mostly cloudy with isolated snow showers, highs in the 30s and 40s. South southwest wind 5 to 10 mph. Expect mostly cloudy skies Tuesday with highs in the 30s and 40s. East southeast wind 2 to 9 mph.

Lower Peninsula

Today, skies will be mostly cloudy with isolated snow and rain, highs in the 40s. West wind 2 to 7 mph. Expect mostly cloudy skies Tuesday with highs in the 40s and 50s. East wind 2 to 8 mph.

JANCHA

From page A1

an accomplishment of this office and the changes statewide that we're able to provide them with that.

Is there anything you don't like about the job?

I think maybe something I don't like is when you have a client and you get to know that client as a person, it can be very hard if things don't go the way we hope. To see the effects of the case on them and it's hard to have a client that becomes a friend that is in custody and ends up going to prison. It happens.

Do you take it personally, I mean do you feel it personally?

I try not to. That's something I think that comes with a little bit of experience. That's one of the hard lessons of being a criminal defense attorney is learning that appropriate level of professional distance, because if you continue to carry that with you it could negatively affect your work. You have to have that appropriate professional distance.

Tell me about your staff.

When fully staffed, we have 17 attorneys counting myself, three investigators, three office support staff and an office manager. It's an incredible group of folks.

What makes it so?

It's hard to quantify. I attribute a lot of this to Chris, and to Carl before him. The hiring process that they put into place has resulted in just a very collaborative and dynamic group of people, and we're very close. We talk to each other openly about our cases. We help each other on our cases and we're close friends. I came into this office in May of 2019 and I immediately saw this environment and such a wonderful group of people working together. I'm really proud of it. And I've had a hand in now hiring a number of these folks since I came in and we've been happy to continue that sort of environment.

Are there any changes you foresee for the office or anything that's an immediate goal for you?

Of the Michigan Indigent Defense Commission standards 1-8, only half of them have been put into effect statewide. So standards 5-8 have not been fully passed into law at this point. This office is well ahead of the curve and is a state leader and we are in a very good position relative to other indigent defense systems as far as meeting the standards 5-8. We have some work to do. Any changes would be to be sure we're in compliance with those standards. We've met or exceeded everything that's required at this time and we're very much a model across the state. Others across the state, they reach out to us and ask how we do business and so Berrien County is kind of a leader in that respect.

This chair has not had much longevity. Do you plan to stick around for awhile?

Absolutely. I talked to Chris about that quite a bit. I'm not going anywhere. I've been here really my whole life. I've been doing just this work. I love it. I'm not planning on going anywhere. If anything, I want to be sure that this office continues to do the great work that it has done and build upon it, so that Berrien County really continues to be at the forefront.

As one of the first in the state to open, Berrien County candidates are well-trained and they've been sought after.

But hopefully, I think this office is one that's unique. The quality of candidates and the work environment is unique and I think very special, and I think we're doing a good job now of retaining people.

Is there anything else you'd like to add?

It's been a very tough two weeks. I had been working with Chris very closely and knew there was a transition coming. And I think he did a really good job helping prepare me for it. But I mean, the transition became very abrupt and tragic. Chris was not just our boss. He was a friend to all of us. A very close friend who so openly gave of himself, his time, his attention and his expertise. It's a terrible loss for us. I was looking forward to having that friendship and mentoring continue, because he was just going to Kalamazoo, and it's really tragic and it's wounded us. But every one of us, we all kind of had a piece of him. He was so willing to give his time and energy to each person. And it changed each one of us that worked with him. He was a very special person.

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WHIRLPOOL

From page A1

"This would not be possible 19 years ago," Lawrence said. "I'm so thankful we have the technology."

Working from home has been interesting for Lawrence, as she has had to deal with a lot of the company's travel arrangements.

"It's been a huge undertaking lately," she said. "Right now we're canceling all our international and domestic travel, and making sure all of our employees are safe."

Jafferty Northrup, who is a senior manager of communications and events for Whirlpool's North America region, already had a flexible home office.

But now that her husband is forced to work from home too, concessions had to be made.

With their three children on the first floor of the house, Northrup converted her bedroom into a home office.

"I put my laptop in my bag at night as a way of turning the office back into the bedroom," she said. "We talked about flip-flopping offices (each week), so I can go downstairs and have a proper space."

Don Campbell / HP staff

An empty parking lot at Whirlpool's Global Headquarters is pictured Friday as almost all employees are now working from home due to COVID-19.

Ironically, Northrup said she is connecting with her work colleagues more as a result of working from home.

"We make a lot of phone calls and a lot of Google Hangouts. We're picking up the phone more instead of texting," she said. "We schedule a virtual happy hour and we're forcing ourselves to appreciate our relationships, both personally and professionally."

For executives, it's a strange environment as well.

Noel said this is the most unique situation he's experienced from a corporate standpoint.

"I remember 9/11 and how tragic that day was. And yet there was a certainty that that day would end," Noel said. "This is a situation where we're not at the end yet and we don't see the end of the tunnel yet."

Noel said Whirlpool will continue to keep an eye on what other companies are doing to see what can be implemented for the appliance maker's policies regarding COVID-19.

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WHIPLASH

From page A1

"I'm not sure that anyone honestly has any sense of how this ultimately resolves and on what sort of timetable," said Daniel Feldman, a former U.S. diplomat who counsels corporations for the law firm Covington & Burling.

Policymakers are straining to help. The Federal Reserve has slashed its benchmark interest rate to near zero and is trying to ensure that companies maintain access to the short-term credit they need for payrolls and other expenses. Congress and the White House are preparing an enormous stimulus program that includes sending checks to households and ensuring some paid sick and family leave.

Typically, economists don't recognize a recession until long after it's begun, the warning signs apparent only in hindsight.

"Never in the course of my career have I known the week a recession started," said Diane Swonk, chief economist at the accounting and consulting firm Grant Thornton, who calculates that the downturn began in the first week of March as the economy all but locked down.

At Stuyvesant Plaza, an office complex and shopping center outside Albany, New York, sales from shops, restaurants and fitness centers had posted double-digit increases in January and February.

And then "the world turned upside down," said Ed Swyer, president of the plaza.

Now, he's waiving rent for two weeks for his 60 tenants, hoping to help them survive. The restaurants, in particular, are suffering from New York state's order to close all eateries except take-out and delivery. Swyer is offering no-interest loans to some of the businesses.

"I feel like it's a bottomless pit, and we just don't know how bad it is and what the duration is," he said.

A few weeks ago, said Nicholas Calio, CEO of Airlines for America, an industry association and lobbying group, airliners were running 85 percent to 100 percent full. Now, their occupancy rates are 15 percent to 20 percent. Recently, he traveled on a plane with just 15 passengers.

And until the virus paralyzed the economy, Samantha Martin's PR business was soaring. At Toy Fair, an industry expo – "my Super Bowl" – "we were bopping up and down aisles like nothing was happening."

Then jittery clients started sending emails. PR and marketing expenses are often the first budget item that struggling companies cut. Martin offered clients discounts. And she asked her 16 staffers to take a 25 percent pay cut.

Most of her clients are staying put, for now. But Martin says she now wakes up with a knot in her stomach.

The shutdown of restaurants has stifled sales at D'Artagnan, a wholesaler of high-end meat products that supplies the food service business.

"We're going to go from 8 percent growth to a huge decline," said Andy Wertheim, president of the company in Union, New Jersey.

Automakers, too, are reeling. Until last week, the research firm Cox Automotive was forecasting 16.6 million new-vehicle sales this year, down only slightly from 2019. Now, said Michelle Krebs, a Cox analyst, it appears sales could drop as low as 14 million.

"Things are changing by the hour," said Jeff Aznavorian, president of Clips & Clamps, a Michigan auto supplier.

Orders and shipments might hit zero next week. Aznavorian worries about his cash flow. Even when sales eventually rebound, he won't be collecting customer payments for months. He's having trouble sleeping.

"I feel the freight train coming at me," he said.

For now, many U.S. households are coping – working from home and still holding on to jobs. Some of them may even be managing to save money, "which will give us more resources later," said Scott Hoyt, senior director of consumer economics at Moody's Analytics.

Yet for much of America, the picture is bleak. Roughly 82 million people – three-fifths of the U.S. workforce – are hourly employees. Most of them won't be paid if they don't work. They have rents to pay and food to buy. And it's still unclear what financial aid the federal government will provide.

"They're scrambling and at financial risk," Hoyt said.

Nevin Muni, a part-time sales associate for T.J. Maxx in Astoria, Queens, was barely managing even before the store announced it was shutting down. The store had been cutting her hours because of a plunge in customers amid the virus crisis. Her manager called Thursday to tell her the store would close until further notice, with no guarantee that she'll be recalled to work.

"I'm so worried because I don't know long this is going to last," said Muni, who plans to apply for unemployment benefits.

Maggie Pouncey, owner of Stories children's bookshop in Brooklyn, had been looking toward celebrating her store's four-year anniversary with a big bash in April on Independent Bookstore Day. She'd been hoping to begin using a truck to take books and services to schools around the city.

The bash is off. Pouncey canceled all her programming – the story times, the writing workshops, the author readings – that is vital to her business in the age of Amazon.

She'll open her shop for pick-up orders one final time before closing – temporarily, she hopes. And she's told customers and her staff that she can't guarantee the store will survive the crisis.

"If it's one month of this, that's one thing," Pouncey said "If it's four months, it's another."

hp SPORTS

From Final Four to fallout

NCAA tournament stardom doesn't always lead to NBA glory

By STEVE MEGARGEE
Associated Press

Jeff Sheppard works as a financial planner now, more than two decades removed from the time he helped Kentucky win the NCAA Tournament.

Yet he still gets asked regularly about his role in the Wildcats' 1998 national championship.

"They remember where they were when they watched the championship game and that kind of thing," said Sheppard, who works in Lexington and lives about an hour away in London, Kentucky. "It's definitely a lot of fun."

Sheppard went undrafted after that glorious run and played part of one NBA season with the Atlanta Hawks in 1998-99 before playing a few years in Italy. He is not the only most outstanding player from a Final Four to play fewer than 20 games in the NBA.

In Sheppard's case, he decided to redshirt the 1996-97 season as a senior at the prompting of Rick Pitino, Kentucky's coach at the time. Sheppard was stuck behind future NBA lottery picks Derek Anderson and Ron Mercer at shooting guard.

"I had a choice," Sheppard said. "I could battle it out for playing time with those guys or redshirt, let them be the featured players in '97 and go on to the pros, and then it was my spot to lose in '98."

The wait proved worthwhile. As a fifth-year senior, Sheppard helped that 1997-98 team win a national title for Tubby Smith, who took over when Pitino left for the Boston Celtics job.

Sheppard scored 27 points in an 86-85 overtime semifinal victory over Stanford and 16 more in the 78-69 championship game triumph over Utah.

Staying in school an extra year meant Sheppard entered the draft at the relatively advanced age of 23, though he doesn't think that played much of a factor in his short pro career.

"A 23-year-old going into the draft (now), it's almost a disadvantage," said Sheppard, who also was part of Kentucky's 1996 championship team. "It wasn't quite that way back then. You had a lot of guys who were four-year guys going into the NBA. I was a 6-3, 185-pound shooting guard. I was good in a lot of areas. I don't know if I was great in any area."

Some other former Final Four most outstanding players without long NBA track records:

JOEL BERRY, NORTH CAROLINA (2017)

Berry still has time to play his way off this list because he doesn't turn 25 until April 1, but he hasn't yet appeared in a single NBA game.

The 6-footer scored 20 points when North Carolina lost 77-74 to Villanova in the 2016 championship game, and he followed that with a 22-point performance when the Tar Heels beat Gonzaga 71-65 in the 2018 NCAA Tournament final.

Berry was the first player to score at least 20 points in consecutive NCAA championship games since Bill Walton did it for UCLA in 1972-73.

He played one more season at North Carolina but went undrafted as his lack of height worked against him. Berry then tore his meniscus and fractured his tibia during his rookie season in the NBA G League.

He now plays for the G League's Greensboro (North Carolina) Swarm. He was averaging 7.9 points but had a 44-point game just a couple of weeks ago before the season was put on hold because of the pandemic.

IRWIN DAMBROT, CITY COLLEGE OF NEW YORK (1950)

Dambrot helped CCNY go on one of the more remarkable postseason runs ever when it won both the NCAA Tournament and the NIT in the same year. The New York Knicks made Dambrot the seventh overall pick in the 1950 draft, but he attended Columbia's dental school instead.

Then his life took a dramatic turn.

Dambrot and the entire starting lineup of that 1950 CCNY team were arrested in 1951 as part of a point-shaving scandal. Dambrot pleaded guilty to a misdemeanor conspiracy charge and didn't get any jail time.

"They were kings of the town one day, and the next day they were the bums of the town, really, because of the scandal," said Dambrot's nephew, Duquesne coach Keith Dambrot.

Keith Dambrot said his uncle went on to a dental career. Irwin Dambrot died at the age of 81 in 2010.

MILES SIMON, ARIZONA (1997)

Simon was an All-America guard who played for Arizona from 1994-98 and averaged 22 points in the 1997 NCAA Tournament. Simon scored 30 points as Arizona edged Kentucky 84-79 in the championship game.

The 6-foot-5 Simon went to Orlando in the second round of the 1998 draft but appeared in just five games with the Magic. He spent a handful of seasons playing overseas and in the Continental Basketball Association.

DONALD WILLIAMS, NORTH CAROLINA (1993)

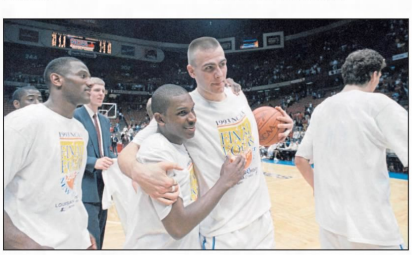
Williams scored 25 points each in North Carolina's semifinal victory over Kansas and its championship game triumph over Michigan.

He played two more seasons at North Carolina after that, though a shoulder injury hindered him his junior year. Williams went undrafted and never played a game in the NBA.

But he did play professionally in several different countries and also had stints in the CBA and with the Harlem Globetrotters.

Williams now runs basketball camps and coaches the girls basketball team at Wakefield High School in Raleigh, North Carolina.

"All my life as a kid I dreamed of going to college and playing basketball, playing professional basketball and becoming a coach after that," Williams said. "My life just lined up into that. The only thing I can say was bad was that I didn't get drafted by the NBA. Outside of that, my basketball career was wonderful. I'm blessed."



Bill Kostroun / AP

In this March 28, 1993, file photo, North Carolina's Donald Williams, center left, celebrates with teammate Eric Montross, center right, after Williams hit two three-point baskets in overtime to help North Carolina defeat Cincinnati 75-68 in an NCAA East Regional championship game at the Meadowlands Arena in East Rutherford, N.J.

PHOTO OF THE DAY

Don Campbell / HP staff See more photos: heraldpalladium.mycapture.com

St. Joseph's Jeremiah Sterling shoots over Kalamazoo Central's Gerald Crawford during a Division 1 district game March 11th at St. Joseph High School.

While live sports are on hold, The HP is reprinting some of Photo Editor Don Campbell's favorite photos from the recent high school sports season.

Barefoot Hamlin wins virtual Homestead as NASCAR races again

By JENNA FRYER
AP Auto Racing Writer

John Raoux / AP

In this Feb. 17 photo, Denny Hamlin celebrates in Victory Lane after winning the Daytona 500. NASCAR eased off the brake in the real sports world brought to a sudden halt by the coronavirus and introduced the country to iRacing with some of the sports biggest stars.

CHARLOTTE, N.C. — The stands were packed, Jimmie Johnson caused several wrecks, Denny Hamlin raced barefoot and damaged cars were repaired with the push of a button – a few virtual signs that NASCAR backed quite an unreal race.

NASCAR eased off the brake in the real sports world brought to a sudden halt by the coronavirus and introduced the country to iRacing with some of the sports biggest stars. Hamlin, the three-time Daytona 500 winner, beat Dale Earnhardt Jr. off the final corner Sunday at virtual Homestead-Miami Speedway to win the bizarre spectacle.

"For the community, the racing community, the NASCAR drivers to come together and put drivers on the racetrack with such short notice, everyone is buying up simulation rigs this week and last week getting ready for the event, and for it all to come together and have a great finish, I think it was definitely a success," Hamlin said.

"iRacing got involved and emailed everyone, said, 'Hey, this is what we're thinking about.' NASCAR got involved, television got involved and said they'd be interested. But no one really talked to the drivers about unifying and participating. It was all free will, and that's what's exciting is you had full-time Cup guys out there willing to spend their time doing this."

It was Hamlin's 31st victory in iRacing, which is where he was first discovered by Earnhardt long before he made it to NASCAR. Hamlin was heavily involved in putting together Sunday's pretend race, which was broadcast live on Fox Sports 1 and called by its regular team of Mike Joy and Hall of Famer Jeff Gordon.

NASCAR has suspended racing until at least May 9, and with literally nothing else to do, series executives and iRacing put together the inaugural eNASCAR iRacing Pro Invitational Series in roughly one week. The first event was at Homestead, where NASCAR was supposed to be racing Sunday before COVID-19 brought sports to a halt.

This was a one-of-a-kind competition for most watching at home, and ended up with a familiar winner.

It could serve as a petri dish for other sports to try the whole gamer thing. The classic games aired across TV over the weekend will get old in a hurry, and networks are desperate for something fresh until sports resume.

Drivers showed immediate interest – even those with little to no simulator racing experience. Some rushed to purchase "rigs" to get into the 35-driver field, and the show-and-tell on social media of the setups provided an entertaining build-up to the event.

Hamlin, racing barefoot on an elaborate rig in the living room of his North Carolina home, had said earlier this week he'd donate $5,000 to Miami families affected by COVID-19 if he won the race and Kevin Harvick said he'd match Hamlin's pledge. Hamlin also set odds for the race and was instrumental in a group chat among the participants.

Truck Series driver Ty Majeski, ranked one of the best iRacers in the world, competed from a computer propped on a wooden desk with a steering wheel attached. Kyle Larson said he spent $6,800 building his rig, while many of the less heralded drivers who use iRacing to hone their skills can build a setup for a few hundred dollars.

A competitor needs only a chair, computer, steering wheel and pedals, but NASCAR's superstars shelled out much more to trick out their simulators.

Hamlin estimated his rig cost over $40,000 – but defended the price because his simulator has motion features – and said better equipment makes no difference. He also said he raced barefoot because "I like to feel the pedals."

Seven-time NASCAR champion Johnson, who has been practicing sports car and IndyCar racing on the simulator in his garage, competed from a rig that appeared more suited for one of those cars than his virtual No. 48 Chevrolet. But Johnson proved to be a less-than-elite iRacer early with a comical crash in which his car appeared to be a ping-pong ball off the wall and several other cars.

"I hope everyone enjoyed that today. I clearly have a ton to learn," Johnson said.

hp OUR TOWN

IN BRIEF

Jacinta Reck, law classmates honored

WASHINGTON — Jacinta Reck of St. Joseph and three of her classmates from the Center for Advocacy and Dispute Resolution at the University of Illinois at Chicago John Marshall Law School were honored recently for their work.

The group won The Capitol City Challenge in Washington, D.C., earlier this month. The mock trial competition featured a civil case problem.

Reck will graduate from UIC this spring.

Berrien RESA announces winner

BERRIEN SPRINGS — During the 16th Annual Excellence in Education Awards Banquet, the Berrien RESA Special Education Parent Advisory Committee named Cathy Levy its 2020 award winner.

Levy is a physical therapist for Berrien RESA. She was nominated for the award by Brandywine Community Schools.

Also recognized for their contributions to the special education community were:

- Latasha Heggler-Thomas, a special education teacher at International Academy at Hull
- Ellen Boruta, a special education teacher at Howard-Ellis Elementary
- Debbie Shuster, a special education teacher at Ballard Elementary
- Laura Fox, a special education teacher assistant at Chikaming Elementary
- Tamara Claes, an occupational therapist for Berrien RESA
- Shelley Schmaltz, an occupational therapist for Berrien RESA
- Jasmine Good, a school psychologist for Berrien RESA

Individuals were nominated from school districts across Berrien County for their contributions to the education and success of students with impairments.

The Special Education Parents Advisory Committee is comprised of two representatives from each school district in Berrien County. The committee works with Berrien RESA to discuss special education issues and creates an additional link between Berrien RESA's services and the local school districts.

Roncal Ramirez finishes Toastmasters program

RONCAL RAMIREZ

BENTON HARBOR — Yazmin Roncal Ramirez, a member of the Whirlpool Toastmasters Club, recently completed Level 1 of the Toastmasters International Pathways program.

Pathways is Toastmasters' educational program that lets participants tailor their communications and leadership development path.

Yazmin, an ISC project manager in Whirlpool Corp.'s supply and logistics division, joined Toastmasters almost immediately after she joined Whirlpool, according to a news release, and pursued the "Persuasive Influence" pathways path.

When asked why she joined Toastmasters, she said, "Communication is a key skill, and most times we do not get enough feedback about it. I enjoy the positive environment in Toastmaster, where everyone is working to get better meeting by meeting. That's particularly important to me, a non-native English speaker."

"This achievement means I honored my plans," she said. "It is easy to let Toastmaster speaking opportunities pass by since they are all voluntary and we all have full-time jobs. In order to measure my progress, I created a realistic timeline for completing the first level. The reward is all the feedback I gathered and skills I've been continuously improving."

Yasmin is from Lima, Peru. In her leisure time, she enjoys playing board games, reading, and watching foreign films and shows.

The Whirlpool Toastmasters Club usually meets from noon-1 p.m. the first, third and fifth Wednesday of every month at Whirlpool's Riverview Campus, 600 W. Main St. Guests are welcome to attend.

Photo provided

The LaSalle Council of Boy Scouts of America recently awarded William Lux with the 2020 Soaring Eagle Award. Pictured are, from left, Pokagon Band of Potawatomi Tribal Chairman Matthew Wesaw, former tribal chairman John Warren, Pokagon Police Chief William Lux, Scout Executive / CEO of the LaSalle Council John Carry, LaSalle Council Board President Brad Beutter and Berrien County Sheriff Paul Bailey.

Boy Scouts honor Lux with Soaring Eagle Award

Pokagon Tribal Police Department also receives award

DOWAGIAC — The Pokagon Band of Potawatomi recently announced that Pokagon Tribal Police Chief William Lux received the 2020 Soaring Eagle Award from the LaSalle Council of Boy Scouts of America during a ceremony at the Pokagon Justice Center.

The award recognizes someone whose leadership in business, industry, government, education, social work or other endeavors has contributed significantly to the growth and vitality of Berrien County.

The Pokagon Tribal Police Department received the Good Turn Award for supporting the development of value-based youth leadership training in area communities.

"We are thrilled to honor Chief William Lux with the 2020 Soaring Eagle Award for both his compassion and leadership to the communities of Southwestern Michigan," said John Cary, scout executive/CEO of the LaSalle Council. "Chief Lux's impact on local youth reflects the same values found in Scouting, which is still very much needed today more than ever. Scouting has made a significant impact on the lives of thousands of youth in Southwestern Michigan, and I believe strongly in the Scouting mission to instill the values of the Scout Oath and Law in young people."

"It is a privilege and honor to receive the Soaring Eagle Award from the LaSalle Council of Boy Scouts of America," Lux said in a news release. "I'd like to thank the Pokagon Tribal Council, Pokagon government employees and members of the Pokagon Tribal Police for their continued support during my tenure as Pokagon police chief. I'd also like to thank my family for their patience and understanding during my 40-plus years in law enforcement."

"Chief Lux has been a valuable leader and instrumental in the long-term success of our Tribal Police Department, which was established in 2003," said Matthew Wesaw, tribal chairman of the Pokagon Band. "Not only has he continued to raise our professional standards, but he has also fostered great working relationships at local, state and federal levels. We are very pleased that he is being recognized for his contributions, along with the rest of the Pokagon Police Department."

Lux has served residents of Berrien, Cass, St. Joseph and Van Buren counties as a police officer for 42 years. He started his career in Lawrence.

He has served the community in many roles as: chairman of the Van Buren County Chiefs of Police Association; law enforcement annex head of the Van Buren County Emergency Operations Center; dive team captain/liaison/coordinator for the Van Buren County Sheriff's Office; chaplain for Fraternal Order of Police Lodge 136; varsity softball coach for Lawrence High School; and Lawrence High School board member.

This summer, Lux and the Pokagon Tribal Police will be providing a Youth Police Academy for Pokagon citizen youth, and will partner with the LaSalle Council to sponsor a Police Explorer post in Dowagiac this fall that will include ages 14-20.

For those interested in supporting youth programming and Scouting in Southwest Michigan, call 574-289-0337 or visit www.lasalle councilbsa.org.

TRINITY HOSTS ARCHERY TOURNAMENT

Photos provided

Ten students at Trinity Lutheran School in St. Joseph recently qualified for the 2020 Archery Tournament. They are, from left, Emily Lockman, Preston Musick, Ben Ward, Maya Brady, Trestyn Brady, Alec Wojahn, Zac Lockman, Sam Loy, Augie Barnes and Peyton Musick. **AT RIGHT:** The winners were seventh grader Ben Ward (first place), at right, and eighth grader Alec Wojahn (second place).

Lest We Forget cancels April 1 meeting

Lest We Forget has canceled its meeting scheduled for April 1 due to the COVID-19 pandemic.

Have news for 'Our Town'?

Do you have some news about your hometown that you would like to see in the paper? Send it to "Our Town" in care of Features Editor Andy Steinke at The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085; deliver it to 3450 Hollywood Road; fax it to The HP at 429-4398; or send email to focus@TheHP.com. Timely news about upcoming events should be received two weeks prior to the events.

The Herald-Palladium

SMC NURSING DONATES TO CASS COA

Southwestern Michigan College nursing student representatives Brynn Duffy of Hartford, at left, and Kim Purlee of Cassopolis, at right, visited the Cass County Council on Aging on Feb. 24 to donate proceeds from the Student Nurses Association's December raffle. COA Director of Community Development Kelli Casey, at center, says the $167 donation will go toward their adult day center.

Photo provided

PRIME TIME TV

MONDAY EVENING MAR. 23

	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
ABC (7) (30) (41) (97)	Wheel of Fortune	American Idol "308 (Hollywood Week -- Solos)" (N) ᴴᴰ				The Good Doctor "Hurt" (N) ᴴᴰ	
CBS (2) (3) (22)	Ent. Tonight	Neighbor-hood		All Rise "What the Bailiff Saw" ᴴᴰ		Bull A woman is on trial for murder.	
NBC (5) (8) (15)	NBC5 News	The Voice "The Battles (P)" (N) ᴴᴰ				:01 Manifest "Unac-companied Minors"	
FOX (17) (22) (28) (32)	Modern Family	9-1-1 "Fools' A viral thrill goes haywire.		:01 Prodigal Son (N) ᴴᴰ (DVS)		Fox 17 News at 10:00PM (N) ᴴᴰ	
PBS (34)	Steves' Europe	Antiques Roadshow (N) ᴴᴰ		Antiques Roadshow "Green Bay" ᴴᴰ		Revolution of the Heart-Day	
CW (25)	Big Bang Theory	Supernatural "Destiny's Child" (N)		Roswell, New Mexico (N) ᴴᴰ		News	Seinfeld ᴴᴰ
MNT (58)	Family Feud	Chicago P.D. "Kasual With a K" ᴴᴰ		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit	
WCIU (26)	Mike & Molly	Supernatural "Destiny's Child" (N)		Roswell, New Mexico (N) ᴴᴰ		2 Broke Girls	2 Broke Girls
WHME (46)	:00 Heart-land	Heartland "New Kid In Town"		Highway to Heaven ᴴᴰ		The List (N) ᴴᴰ	Celebrity Page (N)
WGN (9)	News	black-ish ᴴᴰ	black-ish	Last Man Standing	Last Man Standing	WGN News at Nine (N) (L) ᴴᴰ	
A&E	6:00 Biog-raphy	Gotti: Godfather & Son John Gotti Jr.'s child-hood and youth. (Part 1 of 2) ᴴᴰ				:01 Gotti: Godfather & Son ᴴᴰ	
AMC	6:30 🎬 ★★★ Top Gun ('86) Tom Cruise, Kelly McGillis. ᴴᴰ			Better Call Saul (N) ᴴᴰ		:10 Dispatches From Elsewhere "Clara"	
Animal	Alaska	Alaska- Last Frontier		Alaska- Last Frontier		Bush People	
BET	Tyler Perry's Temptation			🎬 ★★ Diary of a Mad Black Woman			
Big Ten	Basket	College Basketball		College Basketball		College Basketball	
Bravo	Below Deck	Below Deck Sailing Yacht ᴴᴰ		Below Deck Sailing Yacht (N) ᴴᴰ		Below Deck Sailing Yacht ᴴᴰ	
Cartoon	Apple	Home	American	American	Rick	Burgers	Burgers
Cinemax	The Dead Don't Die	Strike Back ᴴᴰ		8:50 🎬 ★★ The Meg ('18) Jason Statham, Li Bingbing. ᴴᴰ			Cold Creek
CMT	Last Man	Mom	Mom	Mom	Mom	Mom	Mom
CNBC	Greed	American Greed		American Greed		American Greed	
CNN	OutFront	Anderson Cooper		Cuomo Prime Time		CNN Tonight	
Comedy	Office	Office	Office	Office	Office	Office	Office
Discovery	Street Outlaws	Street Outlaws: Memphis ((SP)) (N) ᴴᴰ					
Disney	Zombies	Sydney	Coop	Fam Jam	Just Roll	Bunk'd	Raven
DIY	Maine	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters	
E!	Kardas	Room	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley
ESPN	:00 O.J.: Made in America			O.J.: Made in America (Part 2 of 5)			
ESPN2	ESPN	SC Featured		Always	E:60	ESPN Champ. Pup	
ESPNC	:00 MLB Baseball			MLB Baseball From Oct. 6, 1978.			
Food	Grocery	Spring Baking		Spring Baking		Chopped Sweets (N)	
Fox News	The Story	Tucker Carlson		Hannity (N) ᴴᴰ		The Ingraham Angle	
Fox Sports	Pistons	NBA Basketball: Pistons at Pelicans					Pistons
Freefrm	:00 🎬 ★★★ Ice Age ('02) Voices of Ray Romano. ᴴᴰ			🎬 ★★ Ice Age: Continental Drift ('12, Chil-dren's) Voices of Ray Romano. ᴴᴰ			
FX	6:30 🎬 ★★ Transformers: Age of Extinction ('14, Action) Mark Wahlberg, Stanley Tucci, Li Bingbing. ᴴᴰ					Breeders "No Dad"	Better Things
Golf	Lessons	Feherty ᴴᴰ		Feherty ᴴᴰ		Feherty ᴴᴰ	
Hallmark	Conve-nient	🎬 The Perfect Catch ('17, Romance) Nikki DeLoach, Andrew Walker. ᴴᴰ				Golden Girls	Golden Girls
HBO	:00 🎬 ★★ Shaft ('19, Action) Samu-el L. Jackson. ᴴᴰ			The Plot Against America (N) ᴴᴰ		My Brilliant Friend: The Story	
History	Pickers	American Pickers		American Pickers (N)		:03 American Pickers	
HGTV	Home	Home Town (N)		Home Town (N)		:01 Home Town	
Learning	90 Day	90 Day: Other		90 Day: Other		90 Day: Other	
Lifetime	:00 The First 48	The First 48 "Unarmed; Still Feeling"		:03 The First 48 "Brutal Business"		:03 The First 48 ᴴᴰ	
MSNBC	Decision	All In With		Rachel Maddow		The Last Word	
MTV	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.
NBCSCH	Bulls	To Be Announced					Postgame
NFL	NFL Total	NFL Total Access		A Football Life		A Football Life	
Nick	Sponge.	Kids' Choice		Friends	Friends	Friends	Friends
NGEO	Empires	Cosmos: Possible		Cosmos: Possible		Sunken Pirate City	
Oxygen	:00 NCIS "Rogue"	NCIS A murder probe uncovers a theft ring.		NCIS A Marine falls to her death.		NCIS "Love Boat" ᴴᴰ (DVS)	
Parmt	Cops	Cops	Cops	Cops	Cops	Cops (N)	Cops
Showtime	:00 Home-land	Black Monday	Black Monday	Homeland Saul finds an unlikely ally.		Black Monday	Black Monday
Starz	:00 Out-lander	:05 🎬 ★ Ghost Rider: Spirit of Vengeance ('12, Action) ᴴᴰ			:42 🎬 ★★ Welcome Home Roscoe Jenkins ('08) ᴴᴰ		
STZENC	:37 🎬 ★★ Garfield: The Movie ('04) Breckin Meyer. ᴴᴰ			🎬 ★★ Night at the Museum ('06, Children's) Ben Stiller, Carla Gugino. ᴴᴰ			
SyFy	King Arthur	🎬 ★★★ Star Trek Beyond ('16) Chris Pine. Kirk and his crew face an alien threat on a hostile planet.				:34 🎬 Looper	
TBS	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	American Dad	American Dad
TCM	★★ Up Periscope	🎬 ★★★ Destination Tokyo ('43, War) Cary Grant. Sub captain navigates Tokyo Bay, depth charges. ᴴᴰ					🎬 Torpe-do Run
TMC	★ Pepper-mint	🎬 ★★ Demolition Man ('93) Sylvester Stallone, Wesley Snipes. ᴴᴰ				🎬 ★★ Rambo ('08) Julie Benz ᴴᴰ	
TNT	London	🎬 ★★ The Accountant ('16) Ben Affleck.					Account
Travel	Paranorm.	Beyond the Unknown (N) ᴴᴰ				Bey.- Unknown	
TV Land	Andy G.	Raymond	Everybody Raymond	Raymond		Two Men	Two Men
USA	:00 Chica-go P.D.	WWE Monday Night RAW (N) (L) ᴴᴰ					
VH1	Hip Hop	Love, Hip Hop		Love & Hip Hop		Love, Hip Hop	
WGN-A	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing

Older adults still need regular exercise

Elizabeth Ko & Eve Glazier
Ask the Doctors

DEAR DOCTOR: Our dad is 78 years old, and he has started spending a lot more time indoors and on his recliner. He's in good health, but he says he's getting too old for exercise to matter. What can we say to persuade him to become active again?

DEAR READER: Exercise is an important part of ongoing health and fitness, and, despite your dad's feelings to the contrary, we never age out of our need for it.

In fact, studies show that becoming or remaining active as an older adult offers a wide array of benefits. On the physical side, regular exercise can improve cardiovascular health; help to lower blood pressure; lessen the risk of chronic diseases such as Type 2 diabetes, colon cancer and heart disease; help with balance, strength and flexibility; maintain healthy weight; improve strength and stamina; maintain joint health; help with swelling and pain due to arthritis; and lower the risk of falls. Regular exercise has mental health benefits as well. Older adults who incorporate even moderate amounts of exercise into their daily lives report enhancement to mood and outlook, improved cognitive function and a reduction in symptoms of anxiety and depression. Remaining physically active also has been shown to help older adults maintain their ability to live independently.

For a well-rounded exercise program, think in terms of a mix of activities to improve endurance, increase strength and maintain flexibility. And be creative. Walking, jogging, swimming and biking all fit the bill for moderate aerobic activities for endurance, but so do dancing, raking the lawn or playing badminton. We lose muscle mass as we age, so strength and resistance exercises, such as weightlifting or Pilates, are important. Activities like stretching, tai chi and yoga help keep joints loose and muscles limber. Current guidelines recommend that people 65 and older should do 2.5 hours of moderate aerobic exercise each week, which averages out to a manageable 20-ish minutes per day.

Although sharing this information with your dad is a good start, leading by example is even better. It's not just older adults who fall short of the recommended levels of exercise and physical activity; up to half of all adults miss the mark. If you and your siblings live nearby, it could be helpful to your dad – and to yourselves – to choose an activity to do together once or twice a week and get up and moving.

A final thought: If your dad has supplementary Medicare coverage, check to see if it includes SilverSneakers. It's a health-and-fitness program designed for older adults that will give him access to a range of fitness options, including gyms, community centers and other fitness locations. And remember, your dad should check in with his doctor or other health care provider before making any significant changes to his exercise regimen or activity. They will be able to evaluate his condition and fitness level and point him in the direction of appropriate activities. Not only will it help your dad to stay safe, he'll have another partner and cheerleader in his corner.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health. Send your questions to askthedoctors@mednet.ucla.edu, or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10880 Wilshire Blvd., Suite 1450, Los Angeles, CA, 90024. Owing to the volume of mail, personal replies cannot be provided.

How do I apologize to my wounded stepchildren?

Carolyn Hax

Adapted from an online discussion.

DEAR CAROLYN: I did something a couple of years ago regarding my two stepchildren that I'm not really proud of. Now I'm meeting with them to explain myself and I'm not sure I can. I married their mother when my stepdaughter was 10 and my stepson was 8. I didn't have much experience with children but their father was out of the picture so I did try to step up and fill that role as much as I could. Shortly after our fifth anniversary my wife was diagnosed with lung cancer and she died nine months later. The kids and I struggled along until the school year ended and then my mother-in-law invited them to stay for the summer. That August I let her know I wasn't coming to get them and she and my father-in-law would need to take care of them. I just couldn't cope with the grief of losing my wife and parenting teenagers – I'm not cut out to be a single parent. The text messages I got from my stepchildren were pretty bitter, but I didn't blame them. I also didn't know what to say so I never answered. Two years later I still miss them and recently started corresponding with my stepdaughter. She is willing to hear me out so now I'm flying out to see her and my stepson next week. I'm both excited and filled with dread. I have no idea what to say to them. The truth seems too inadequate to explain what they see as a huge betrayal. I don't want to make excuses but I was in way over my head and saw no other way out. Is that what I tell them? – Making Up

Making Up: Oh, my. So much pain and sadness here.

I'm not clear what your purpose is for the trip, though. Do you still think you're "not cut out to be a single parent"? (Do you know who is, by the way? Whoever shows up and does it.) Is this trip to apologize, but not to resume a parenting role? Or is this a step toward that? Or is this for you?

If there's any any chance you can talk to a child psychologist before you go, please do that. Even one hour of expert planning beats zero hours.

As for what you say you want to say: No. This can't be about anything that sounds even remotely like an excuse for what you did. "I just couldn't cope with the grief"? Excuse. "I was in over my head"? Excuse. "I saw no other way out"? Excuse.

I don't doubt you felt these things. But they don't want to hear how you felt. They suffered. They want to hear you acknowledge and express remorse for that. They want you to demonstrate to their satisfaction that you understand what you did to hurt them.

If they ask why? "There's no reason good enough."

RE: Apologies: The reason why the bulk of apologies fail is the transgressor doesn't empathize with the victim. There's too much focus on forgiveness and absolution. – Anonymous

Anonymous:"This American Life" did an episode about apologies that unfolds into almost a workshopping of one, from a totally self-serving rough draft to an effective expression of remorse. Riveting.

Email Carolyn at tellme@washpost.com, follow her on Facebook at www.facebook.com/carolyn.hax or chat with her online at noon each Friday at www.washingtonpost.com.

CROSSWORD

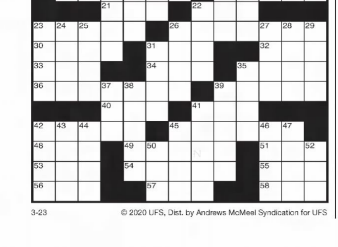
ACROSS
1 Conclusion
4 Colorado tribe
7 Chaotic spot
10 Me, to Marie
11 Traffic tie-up
13 Eggs, to Ovid
14 Ms. Hagen
15 Starry prefix
16 Beauty salon item
17 Showy flower
19 Near-adults
21 Dove's aversion
22 Quid pro —
23 Use a grater
26 Choosier
30 Cultivated
31 Tibetan gazelle
32 Gun lobby grp.
33 Tarzan companion
34 "Have you — wool?"
35 Wedding band
36 Craziest
39 Tiny specks
40 Jungfrau
41 Kiwi's extinct cousin
42 Hormone producer
45 Cheap and showy
48 Head movement
49 Clear a disk
51 Long time
53 Can. neighbor
54 Gossip's delight
55 Summer quaff
56 Farm abode
57 Finger count
58 Tiny bit

DOWN
1 Nonflying bird
2 — — cloud in the sky
3 Fiona's voice in "Shrek"
4 Al of Indy fame
5 Cheerio! (hyph.)

Answer to Previous Puzzle

T	A	M	E		M	T	V		G	O	L	D
O	P	E	N		A	H	A		I	D	E	A
T	E	N	D		R	E	L	I	G	I	O	N
	D	U	O	S		S	U	N		E	S	A
			W	A	R	I	E	S	T			
O	D	D		K	I	S	S		U	R	A	L
R	E	I	N	E	D			G	O	N	E	
Z	E	N	O			R	E	S	I	N	S	
O	P	T	S		B	E	A	K		L	O	T
			H	E	A	R	T	E	N			
G	O	A		M	B	A		S	E	P	T	
L	A	N	G	U	I	S	H		O	O	K	
O	T	T	O		E	E	O		R	O	P	E
P	S	S	T		S	S	N		U	R	S	A

6 Mess up
7 District
8 Kitchen appliance
9 Cereal grains
11 Caesar — — Jr.
12 Pond blossom
18 Wowed
20 Daughter of Hyperion
22 Wharf
23 Irish playwright
24 Arizona tribe
25 Lurch
26 Typeface
27 Monogram pt.
28 Fish-eating bird
29 Tatters
31 Pant
35 Highway
37 Mr. Quayle
38 Kind of statesman
39 Grass cutter
41 Brick worker
42 Wickedests
43 Utterly confused
44 "An apple — — ..."
45 Blah
46 Perused
47 Jedi master
50 Furrow
52 Midwest st.



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JUMBLE

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

NYMLA

BAHTI

CLPIES

RIOADH

Another store closed, ladies
It's looking pathetic here.
WITH FEWER AND FEWER CUSTOMERS, BUSINESS AT THE INDOOR SHOPPING CENTER WAS ---

Get the free JUST JUMBLE app for iPhone or iPad from the App Store

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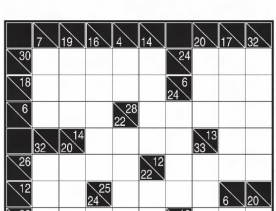
Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print your answer here: " - - - - - - - - - - "

(Answers tomorrow)

Saturday's Jumbles: KNEEL SPICY THROWN SQUALL
Answer: The reporter wanted a photo of the picketers, who were happy to — STRIKE A POSE

KAKURO



How to play: Numbers above the slash are across clues; numbers below the slash are down clues. The goal is to enter digits 1-9 in the white cells to add up to the number clues. You cannot use any digit more than once when adding up to a clue.

Difficulty Level ★★★★

3/23

BRIDGE

Lord Macaulay wrote, "Finesse is the best adaptation of means to circumstances." You could be forgiven for thinking that he was penning a bridge book, except that he died in 1859, some 40 years before the game was devised.

In today's deal, South has to be adaptable. West leads the spade queen against three no-trump. How should South plan the play? Also, if some misbidding left South dangling in five diamonds, would that change his line?

In three no-trump, South has seven top tricks: two spades, two hearts, one diamond and two clubs. The other two winners must come from the diamond suit. If the diamonds are breaking 3-2, all plays work. But what if they are 4-1?

If West has king-fourth, declarer will fail. If East has king-fourth, South will be safe by finessing. However, if declarer takes a first-round finesse and loses to a singleton king, he will perish. South should first cash the diamond ace. If only low cards appear, he crosses to dummy with a club or a heart and plays a diamond toward his honors. Here he makes an overtrick, but he is home even if East has king-fourth of diamonds.

In five diamonds, South should anticipate a loser in each rounded suit. True, if he finds a 3-3 split, he can avoid one loser, but that is against the odds. If South does have two rounded-suit losers, he cannot afford a diamond loser. He must hope that East has king-doubleton or king-third. Declarer wins trick one on the board and takes a diamond finesse. Assuming it wins, he returns to dummy and leads another trump, planning to finesse again.

North 03-23-20
♠ K 3
♥ A 7 5 2
♦ 6 5 3
♣ K 6 3 2

West
♠ Q J 10 8
♥ J 9 8 6
♦ K
♣ J 9 8 5

East
♠ 9 7 6 5 2
♥ Q 10
♦ 10 9 8 4
♣ Q 10

South
♠ A 4
♥ K 4 3
♦ A Q J 7 2
♣ A 7 4

Dealer: South
Vulnerable: Both

South	West	North	East
1♦	Pass	1♥	Pass
2NT	Pass	3NT	All Pass

Opening lead: ♠ Q

SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

2	9		4		1		7	
4			7				2	1
7				2	3	4		
5	1			3		6	4	
3	4		6		5		9	7
	7	6		4			3	5
		7	3	8				9
1	3			5				4
	5		1		7		6	2

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How to play: Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9.

PREVIOUS SOLUTION

3	7	2	6	8	9	1	5	4
9	6	8	5	1	4	3	7	2
5	1	4	7	2	3	9	8	6
6	9	1	3	5	2	7	4	8
4	3	7	1	6	8	5	2	9
8	2	5	9	4	7	6	1	3
1	4	3	8	9	5	2	6	7
2	5	9	4	7	6	8	3	1
7	8	6	2	3	1	4	9	5

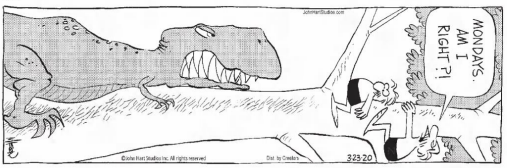
BEETLE BAILEY

BLONDIE

BOSS, MAY I TAKE FRIDAY OFF SO BLONDIE AND I CAN ENJOY A LONG WEEKEND AWAY?
THAT'S POSSIBLE.
IF I DON'T CATCH YOU PLAYING POKER ON YOUR COMPUTER THE REST OF THE WEEK
LOOKS LIKE WE'RE NOT GOING AWAY THIS WEEKEND

HI & LOIS

BC



WIZARD OF ID

DILBERT

A WISE PERSON ONCE SAID YOU CAN'T BOIL AN EGG WITH A STICK.
NO, BUT I CAN THREATEN YOU WITH A STICK UNLESS YOU BOIL AN EGG FOR ME.
WHY DIDN'T THE WISE PERSON THINK OF THAT?
HE SOUNDS OVER-RATED.

GARFIELD

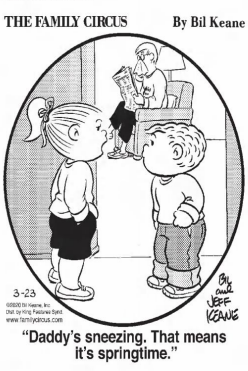
FORT KNOX

SOMEONE ACCUSED MONPO OF BITING THEM!!
OH NO! WHAT HAPPENED??
A RUNNER GOT TOO CLOSE TO US AND MONPO LUNGED.
IS THE RUNNER OKAY?
I'M WAITING TO FIND OUT.
SO HE WENT TO HIS DOCTOR?
NO, HIS LAWYER.
GRRRRR
3/23

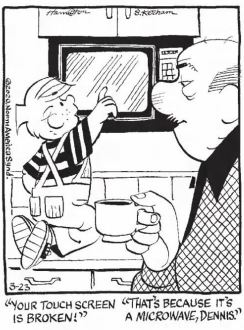
PICKLES

WHAT KIND OF PIZZA DO YOU WANT?
I DON'T CARE. WHAT KIND DO YOU WANT?
I'M ASKING YOU WHAT YOU WANT.
I WANT WHATEVER YOU WANT.
WHAT I WANT IS FOR YOU TO STOP BEING SO WISHY-WASHY AND JUST SAY WHAT YOU WANT.
I DON'T REALLY WANT PIZZA. I WANT CHINESE.
FINE. PEPPERONI IT IS.
3/23

FAMILY CIRCUS



DENNIS THE MENACE



BABY BLUES

CURTIS

CURTIS, YOU LEFT YOUR DIRTY SOCKS AND UNDERWEAR ON THE FLOOR AGAIN!
I SHOULDN'T HAVE TO PICK UP AFTER YOU ALL THE TIME! YOU'RE NOT A LITTLE BABY!
BOY, CURTIS, YOU SURE GIVE MOM A LOT OF GRIEF!
PLEASE, THESE WILL BE GOOD MEMORIES WHEN SHE'S OLD!
3-23

ZITS

JEREMY, DID YOU STUDY FOR TODAY'S CALCULUS TEST?
NO, BUT I THINK I'LL DO FINE.
THAT'S WISHFUL THINKING! IT DOESN'T WORK!
I GUESS NOT.
IF IT DID, WE WOULDN'T BE HAVING THIS CONVERSATION.

HAGAR THE HORRIBLE

THE ARCHERS SAY TRAINING WITH A STATIONARY TARGET IS NOT ADVANCING THEIR SKILLS.
I UNDERSTAND.
HOLD IT AND DANCE AROUND.
3-23

MOTHER GOOSE & GRIMM

MUTTS

SALLY FORTH

I CAN'T REMEMBER THE LAST TIME WE HAD BAND PRACTICE.
WELL, WE'VE ALL BEEN PRETTY BUSY AFTER SCHOOL AND ON WEEKENDS.
I'M NOW DOING METALWORK ON TOP OF GYMNASTICS AND SWIMMING.
AND I'VE GOT STEM, CODING AND MY SKETCHING GROUP.
I HAVE... STUFF TO DO.
SO I'M THE ONLY ONE WILLING TO PUT SERIOUS TIME INTO THIS BAND?
HI. WHAT DO YOU WANT TO SAY ON YOUR COLLEGE APPLICATION, "ACTIVITIES: THREE CONCERTS IN OWN BACKYARD"?
3-23

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Tony Wittkowski @TonyWittkowski
Alexandra Newman @HPANewman
Louise Wrege @HPWrege
Jane Ammeson @HPAmmeson
John Matuszak @HPMatuszak
Julie Swidwa @HPSwidwa
Ben Sanders @HPBenSanders
Maxwell Harden @HPMaxwellHarden
Ben Spencer @HPBenSpencer

COVID-19 lung patterns show few clues for treating pneumonia

By LAURAN NEERGAARD
Associated Press

WASHINGTON — Scans of the lungs of the sickest COVID-19 patients show distinctive patterns of infection, but so far those clues offer little help in predicting which patients will pull through. For now, doctors are relying on what's called supportive care that's standard for severe pneumonia.

Doctors in areas still bracing for an onslaught of sick patients are scouring medical reports and hosting webinars with Chinese doctors to get the best advice on what works and what hasn't.

One thing that's clear around the globe: Age makes a huge difference in survival. And one reason is that seniors' lungs don't have as much of what geriatrics expert Dr. Richard Baron calls reserve capacity.

"At age 18, you have a lot of extra lung capacity you don't use unless you're running a marathon," explained Baron, who heads the American Board of Internal Medicine. That capacity gradually declines with age even in otherwise healthy people, so "if you're an old person, even a mild form can overwhelm your lungs if you don't have enough reserve."

Here's what scientists can say so far about treating those who become severely ill.

How does COVID-19 harm the lungs?

The new coronavirus, like most respiratory viruses, is spread by droplets from someone's cough or sneeze. The vast majority of patients recover, most after experiencing mild or moderate symptoms such as fever and cough. But sometimes the virus makes its way deep into the lungs to cause pneumonia.

Lungs contain grapelike clusters of tiny air sacs called alveoli. When you breathe, oxygen fills the sacs and passes straight into blood vessels that nestle alongside them. Pneumonia occurs when an infection – of any sort, not just this new virus – inflames the lungs' sacs. In severe cases they fill with fluid, dead cells and other debris so oxygen can't get through.

If other countries have the same experience as China, about 5 percent of COVID-19 patients could become sick enough to require intensive care

How does that damage appear?

Doctors at New York's Mount Sinai Health System analyzed 121 chest CT scans shared by colleagues in China and spotted something unusual.

Healthy lungs look mostly black on medical scans because they're full of air. An early infection with bacterial pneumonia tends to show up as a white blotch in one section of one lung. Pneumonia caused by a virus can show up as hazy patches that go by a weird name – "ground glass opacities."

In people who get COVID-19 pneumonia, that haze tends to cluster on the outside edge of both lungs, by the ribs, a distinctive pattern, said Dr. Adam Bernheim, a radiologist at Mount Sinai.

As infection worsens, the haze forms rounder clusters and gradually turns more white as the air sacs become increasingly clogged.

How to treat the pneumonia?

There are no drugs so far that directly attack the new coronavirus, although doctors are trying some experimentally, including an old malaria treatment and one under development to treat Ebola.

"The best treatment we have is supportive care," said Dr. Aimee Moulin, an emergency care physician at the University of California Davis Medical Center.

That centers around assistance in breathing when the oxygen levels in patients' blood starts to drop. For some people, oxygen delivered through a mask or tubes in the nose is enough. More severely ill patients will need a breathing machine.

"The goal is to keep the person alive until the disease takes its course" and the lungs begin to heal, explained Mount Sinai's Dr. Neil Schachter.

The very worst cases develop an inflammatory condition called ARDS – acute respiratory distress syndrome – that floods the lungs with fluid. That's when the immune system's attempt to fight infection "is going crazy and itself attacking the lung," Baron explained.

Many things besides the coronavirus can cause the condition, and regardless of the cause, it comes with a high risk of death.

Craig Mitchelldyer / AP

Kim Borton, left, works from home while her children Logan Borton, center, age 6 and Katie Borton, age 7, as they work on an art project in Beaverton, Ore., on March 17. Borton works for Columbia Sportswear in supply chain account operations. Her children attend Hiteon Elementary school and have sent home some home work packets and emails with links for remote learning, but she has also added her own curriculum to their day to fill the voids so she can continue to work and keep the kids busy.

'A really big experiment'

Parents turn teachers amid virus

By CAROLYN THOMPSON
Associated Press

Craig Mitchelldyer / AP

Olivia Bucks, left, helps her son Keith Bucks, center, with an online class assignment while Ashton Morris, right, works on a handwriting lesson from their first grade class at Arco Iris Spanish Immersion School in Beaverton, Ore., on March 17.

BUFFALO, N.Y. — After her sixth-grade son's school in Buffalo, New York, closed amid the coronavirus outbreak, Roxanne Ojeda-Valentin returned to campus with shopping bags to take home textbooks and weeks' worth of assignments prepared by teachers.

A single mother with a full-time job, she now joins millions of parents around the country – and the world – suddenly thrust into the role of their children's primary educators, leaving them scrambling to sift through educational resources and juggle lesson plans with jobs and other responsibilities.

"It's a really big experiment," Ojeda-Valentin said as she left the school, her second stop after picking up materials from her fourth-grade daughter's school.

Even in school districts that are providing remote instruction, the burden falls on parents to keep their children on task. In others, parents are left to find educational websites and curricular materials on their own. And while the challenges are daunting for all, they can be nearly impossible to overcome for parents limited by access to technology and their own levels of education.

Across the United States, more than 118,000 public and private schools in 45 states have closed, affecting 53 million students, according to a tally kept by Education Week. While many closures were initially announced as short-term, parents are wondering if schools will reopen this academic year as the outbreak intensifies.

After Kansas became the first state to announce schools would remain closed for the year, a task force recommended from 30 minutes of work a day for the youngest students to up to three hours daily for students in sixth grade and up. California Gov. Gavin Newsom also has urged the state's more than 6 million schoolchildren and their families to make long-term plans, telling them few, if any, schools would reopen before summer.

Los Angeles father Filiberto Gonzalez's three children have daily contact with their teachers and one to four hours of work they can do on an existing online platform that supplements classes. But he never thought the arrangement would transform from a stopgap measure to permanent situation.

"The news ... was a real shock to a lot of us," he said.

In Portland, Oregon, Katie Arnold's 7-year-old son has been spending his days in his mother's office, keeping busy on an iPad and her laptop while she's managing accounts for a catering company.

Oregon has shut down schools through April 28 and some districts have put optional activities online, though they are not meant to replace the regular curriculum. While her son's district explores virtual learning, she has been combing the internet and tapping friends for suggestions.

"Scholastic had a bunch of free things and I have a friend who's a teacher, so I've gotten a lot of workbook pages for him to do, just to try to keep him busy," said Arnold, who also has been using educational websites like ABCmouse.

Arnold is making plans with other parents to teach children in small groups if the closure is extended, and is resigned to the idea that her workdays will be followed by evening school sessions.

"We'll muster through it," she said.

Some parents are turning to those with experience homeschooling for guidance, unsure of whether to enforce strict schedules and where to look for academic help. Amid an influx of interest, the National Home School Association dropped its membership fee from $39 to $10 for access to tip sheets and teaching materials, executive director Allen Weston said.

The online site Outschool saw 20,000 new students enroll during a single weekend in March, compared to the 80,000 who have attended class since its 2017 launch, CEO Amir Nathoo said. The company offers live, teacher-led online classes beginning at $5 each, but has also offered free webinars on running online classes through video conferencing.

Child development researcher Jessica Logan and her husband continue to work full-time from home and have been tag-teaming school-related questions from their 8- and 12-year-old children, home from Columbus City Schools in Ohio.

"I see all these people writing out, 'Here are the six hours we're going to spend each day doing homework,' and was like, 'Not happening in my house,'" she said. "When am I going to get my work done? I still have my own work to do, so does my husband. Neither of us can take the entire day off to sit with them and do math worksheets or science experiments."

Q&A: What does tax delay mean for filers?

By SARAH SKIDMORE SELL and MARTIN CRUTSINGER
AP Business Writers

The Trump administration has announced that individuals and businesses will be allowed to delay filing and paying their federal tax bills for 90 days as part of an emergency relief plan amid the coronavirus pandemic.

Some questions and answers about the delay and its potential impact on the U.S. economy.

Do I still need to file?

Yes.

Initially, only the payment due date was delayed past the traditional April 15 deadline. The Treasury later announced that it would also grant a 90-day extension for filing federal taxes as well. That means both the delayed filings and payments are due July 15.

Taxpayers who are facing difficulty filing by the new deadline still have the option to request an extension. Visit the IRS website for more details.

Who gets to wait?

The IRS said that the deferment applies to all taxpayers, including individuals, trusts and estates, corporations and other non-corporate tax filers as well as those who pay self-employment tax.

Will I be penalized for waiting to make payments?

No. During this unprecedented delay, taxpayers will not be subject to interest or penalty payments, regardless of how much they owe.

What if I am expecting a refund?

If you are expecting a refund, file as usual. The IRS is still processing returns and issuing refunds; most refunds are issued within 21 days.

Does this apply to my state taxes too?

Not necessarily. Check with your state tax authority to see about any changes to due dates. Some are following the federal model, but some are not extending their deadline and others are setting up exceptions only for certain groups impacted by the virus.

How will this help the economy?

It's unclear.

Treasury Secretary Steven Mnuchin estimates that taxpayers will be able to keep $300 billion in the economy for now. And some tax and economic experts say any extra cash in the hands of Americans is helpful because many will be struggling to get by.

N. Korea says Trump's letter offers anti-virus cooperation

By HYUNG-JIN KIM
Associated Press

Korean Central News Agency / Korea News Service via AP

North Korean leader Kim Jong Un inspects military exercise at an undisclosed location in North Korea on Saturday.

SEOUL, South Korea — President Donald Trump sent a personal letter to North Korean leader Kim Jong Un, seeking to maintain good relations and offering cooperation in fighting the coronavirus pandemic, Kim's sister said Sunday.

The latest correspondence came as Kim observed the firing of tactical guided weapons over the weekend, drawing criticism from South Korea, as nuclear talks remain deadlocked.

In a statement carried by the North's official Korean Central News Agency, or KCNA, Kim's sister and senior ruling party official, Kim Yo Jong, praised Trump for sending the letter at a time when "big difficulties and challenges lie ahead in the way of developing ties" between the countries.

In the letter, she said Trump explained his plan to "propel the relations between the two countries ... and expressed his intent to render cooperation in the anti-epidemic work," an apparent reference to the global coronavirus outbreak. She said her brother expressed his gratitude for Trump's letter.

North Korea has repeatedly said there hasn't been a single case of the coronavirus on its soil. Some foreign experts question that claim and say an outbreak in the North could cause a humanitarian disaster because of its poor medical infrastructure. Last month, the State Department expressed concerns about North Korea's vulnerability to a potential coronavirus outbreak and said it was ready to support efforts by aid organizations to contain the spread of the illness in the North.

A senior Trump administration official said Sunday that Trump sent a letter to Kim that the official said was consistent with Trump's efforts to engage global leaders during the pandemic. The official said Trump looks forward to continued communications with the North Korean leader.

Kim Yo Jong said Trump's letter is "a good example showing the special and firm personal relations" between the North Korean and U.S. leaders. But she said it's not a good idea to "make hasty conclusion or be optimistic about" the prospect for bilateral relations.

"In my personal opinion, I think that the bilateral relations and dialogue for them would be thinkable only when the equilibrium is kept dynamically and morally and justice ensured between the two countries," she said. "Even at this moment we are working hard to develop and defend ourselves on our own under the cruel environment which the U.S. is keen to 'provide.'"

The Herald-Palladium CLASSIFIEDS

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Lot for Sale
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LEGALS

LEGALS

BOARD OF TRUSTEES ROYALTON TOWNSHIP BERRIEN COUNTY, MICHIGAN NOTICE OF BUDGET PUBLIC HEARING

The Royalton Township Board of Trustees will hold a public hearing on the proposed township budget for the fiscal year of 2020/21 at the Royalton Township Hall, 980 Miners Road, St. Joseph on Monday, March 30, 2020 at noon. *The property tax millage rate proposed to be levied to support the proposed budget will be a subject of this hearing* A copy of the budget will be available for public inspection at Royalton Township Hall, 980 Miners Road, St. Joseph, Michigan 49085, phone number 429-2501.

Royalton Township will be levying the following millage for the 2020 year.

General Operating.7504 mills
Fire/Amb/Lib1.000 mills
Roads1.000 mills
Airport.1000 mills

The above listed mills are the maximum allowable millages Royalton Township can levy by law.

The adoption of the budget will be an agenda item at the Special Meeting of March 30, 2020.

The Royalton Township Board will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at the meeting to individuals with disabilities at the meeting upon 3 days notice to the Royalton Township board. Individuals with disabilities requiring auxiliary aids or services should contact the Royalton Township board by writing or calling the following: Steve Tilly, 269-429-2501.

Steve Tilly
Manager

ANNOUNCEMENTS

SPECIAL NOTICE

Attn: Disabled
American Veterans

Once again election of new officers for Chapter 17. We urge all members to attend for this up and coming year July 2020 to June 2021.

Place: Union St. Benton Harbor
The Moose Club House
Time: 7:00 PM
Date: Thurs, April 2, 2020

It's Time to retire!
Catch-Um Lake Bait Shop, fishing ponds and campground will not re-open on April 1st, and will remain closed. Thank you to all my customers for your business and loyalty for the past 35 years.

CARD OF THANKS

Cody Keller and family would like extend their gratitude and appreciation to the many businesses that helped with donations as well as the many individuals that donated items, and/or helped with the event. Then benefit dinner for Cody Keller was a great success and shows how a community call pull together.

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EMPLOYMENT

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Michigan City

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EMPLOYMENT INFORMATION

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Erny Builders is seeking an Experienced Carpenter for immediate hire in the Southwest Michigan area. Pay is competitive and will be reflective of experience. Interested applicants should contact Dale at 269-930-2313.

SUMMER EMPLOYMENT

Hartford, MI
Gospel concert looking for local groups to start summer series. Contemporary, modern, blue grass, single person or groups. Call 269-621-2567 for information leave a message and phone number.

FINANCIAL

GARAGE /ESTATE SALES

MERCHANDISE

WANTED TO RENT/ BUY/TRADE

Benton Harbor, MI
3 Pillars Music is looking to buy record albums from 1970s to present, older guitars and music memorabilia. Please contact Tom at 269-313-7001 or 3pillarsmusic@gmail.com

Watervliet, MI
Buying junk Vehicles & Scrap Metal
Call Ray @ 269-463-3565

MISC. ITEMS FOR SALE

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BID March 26-30 at NarhiAUCTIONS.com
810.266.6474

The Schluckebier Farm Auction in Frankenmuth, MI. has been POSTPONED UNTIL FURTHER NOTICE! Sherwood Auction Service 989-763-7157. *www.SherwoodAuctionServiceLLC.com*

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2017 Red Honda Fit. Heated seats w / navigation. Sunroof! No accidents. 36,000 Miles. Price $14,999. Call: 269-235-4114 Please call before 9:00pm

HOROSCOPE

By EUGENIA LAST

MONDAY, MARCH 23

Take care of unfinished business. Clear the way for new beginnings. Preparation will be necessary to ensure that you have the qualifications you need to pursue your dreams. Make progress, jettison what you no longer need and make room for the people and pastimes that bring you joy.

ARIES (March 21-April 19) Set yourself up for advancement. Whether it's a better-paying job or something you'd prefer to be doing with your time, choose what will bring you the most satisfaction. Argue less and achieve more.

TAURUS (April 20-May 20) Offer a detailed analysis of what you want to be done or what you expect. If you speak from the heart and explain your position, you will get the support you need to reach your goal. Romance is featured.

GEMINI (May 21-June 20) If you want more, do more. Nothing will be free today, so be prepared to dig in and do whatever is necessary. Relying on others will lead to disappointment.

CANCER (June 21-July 22) If you keep things in perspective, you'll gain ground. A change will boost your morale and bring you closer to your goal. What you do for others will enhance your reputation.

LEO (July 23-Aug. 22) Focus on maintaining good relationships with your friends, family and peers. A business trip or meeting will lead to benefits if you are willing to compromise.

VIRGO (Aug. 23-Sept. 22) Follow a path that encourages you to take care of your emotional and physical needs. Don't let others' actions or words negatively affect you.

LIBRA (Sept. 23-Oct. 23) Preparation is essential. Charm will not seal a deal if you don't have the skills required. Don't exaggerate your ability or underestimate the extent of a job. Proceed with caution.

SCORPIO (Oct. 24-Nov. 22) Observe and take action. Insight into what others are doing and how best to get what you want will lead to success. Make plans to get together with someone special.

SAGITTARIUS (Nov. 23-Dec. 21) Make adjustments to your living space. Be careful whom you trust when it comes to emotional situations. Someone will feed you false information. Limit how much you share.

CAPRICORN (Dec. 22-Jan. 19) Learn from the past and make the present better. If someone tries to limit what you can do, counter his or her intrusion and commence your journey. Physical improvement is favored.

AQUARIUS (Jan. 20-Feb. 19) Do what you do best. Put in the time required to get choice results. Fair play and a good plan will lead to victory. Be a leader, not a follower.

PISCES (Feb. 20-March 20) Use your persuasive way with words to get what you want. A change you make will lead to compliments and proposals. A romantic gesture will be worth considering.

Layout Assistant

Duties will include, but are not limited to advertising placement in multiple publications, assisting with the coordination of layouts, classified pagination and page production throughout the company.

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